

The Routines–Based interview (RBI) is a semi-structured interview with 3 purposes:

- To develop a list of functional outcomes,
- to assess child and family functioning, and
- to establish a positive relationship with the family.

The RBI was developed to meet a number of needs, including gathering information and planning interventions. The purpose of structuring the interview around family routines is to identify what the family already does and what the family wants to do. Attention is paid to the needs of all family members and the needs of everyday life. Family needs are met through services which address emotional support, material support, and informational support.

Using the RBI in the early intervention process has proven to result in the following:

- Families’ share more information and the professionals actively listen to family needs and concerns.
- The IFSP has more specific outcomes.
- Outcomes are more functional for the child and family.
- Outcomes are in more “family friendly” language.
- Outcomes are less discipline specific.

As staff become trained on conducting RBI’s and implementation occurs, forms will be provided that support and facilitate the RBI/IFSP process for ease and time management.

#### Inclusion of the Routine-Based Interview for Eligible Children (upon Implementation)

