

**BULLYING IS  
WRONG  
AND IT IS NOT  
YOUR FAULT.**

**EVERYONE DESERVES  
TO FEEL SAFE AT SCHOOL.**

**FOLLOW THESE STEPS  
IF YOU ARE IN A  
BULLYING SITUATION:**

■ **Speak up against bullying.**

Be firm and clear when you speak. Say something like "Stop it."

■ **Walk away.**

Act like you do not care, even if you really do.

■ **Tell an adult you trust.**

Report it to your parent, teacher, counselor, or school resource officer.

■ **Stick together.**

The buddy system works. Staying with a group or friend will allow someone else to help you speak up or run to get help.

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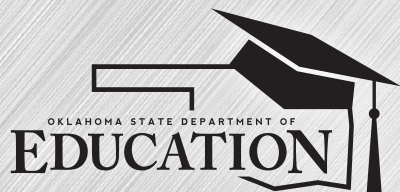
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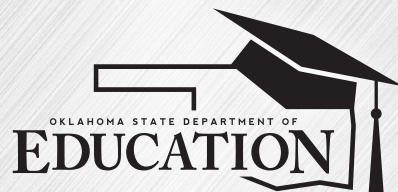
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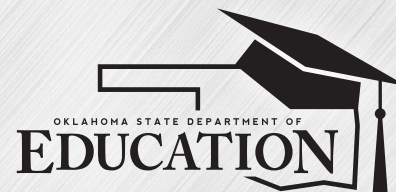
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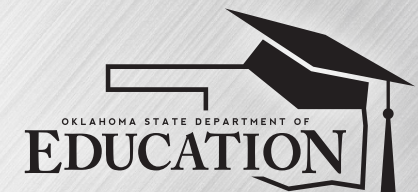
[www.ok.gov/sde/bullying-prevention](http://www.ok.gov/sde/bullying-prevention)



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