**Ideas for Life Skills**

**Consumer Issues:**

* Strengthening the well-being of individuals and families across the life span
* Becoming responsible citizens and leaders in family, community, and work settings
* Promoting optimal nutrition and wellness across the life span
* Managing resources to meet the material needs of individuals and families
* Balancing personal, home, family, and work lives
* Using critical and creative thinking skills to address problems in diverse family, community, and work environments
* Managing life, employment and careers successfully
* Functioning effectively as providers and consumers of goods and services
* Appreciating human worth and accepting responsibility for one’s actions and success in family and work life

*Resources and standards have come from the Education Dept. of Indiana, Education Dept. of Georgia, the American Association of Family and Consumer Sciences, the American Red Cross, Josephson Institute, and UCLA.*