**Domestic Skills**

**Possible Standards for this Course…**

* + Health and hygiene
	+ Human sexuality
	+ Meal planning, participation, and nutrition
	+ Food preparation and safety
	+ Household cleaning, maintenance and repair
	+ Laundry and clothing selection
	+ Budgeting and shopping
	+ Banking and bill-paying
	+ Planning and hosting a party
	+ Carrying and using a wallet with money, ID, and keys
	+ Keeping in touch with friends, family and caregivers
	+ Being a good neighbor
	+ Car maintenance