

Equine Therapy Center

Mission

ETC's mission is to use the equine experience for positive change, emotional growth, and learning. The art of riding is combined with horse care tasks. Through this caring the bonds that form create trust, respect, and responsibility. Outcomes are to motivate the individual, diminish anxiety, develop trust and self-awareness, increase self-esteem, and enhance social skills.

Vision

- ◆ Challenge in a Non-Threatening Way
- ◆ Break Down Defense Barriers
- ◆ Promote Change from Dysfunctional Patterns to Successful and Responsible Patterns
- ◆ Improve Communication, Problem Solving, Anger Management, Self-Esteem, and Relationship Skills.
- ◆ Build Character by the Development of:

*Love
Joy*

*Peace
Patience*

Kindness

Goodness

Faithfulness

Gentleness

Self-Control



Equine Therapy Center

9601 S. Pine
Guthrie, Oklahoma 73044

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Who hasn't dreamt of having their own pony?

ETC Gives the Gift of Experiencing a Horse to People Who Might Never Have This Opportunity, but That is Only the Beginning ...



9601 S. Pine, Guthrie, OK 73044
Ph: (405) 282-9997 or (405) 229-8880
Email: primroseetc@yahoo.com
www.equine-therapy-center.org
Facebook: Equine Therapy Center

Designed to Serve

Equine Assisted Psychotherapy (EAP)



ETC provides programs to help foster self-reliance and many abilities necessary to overcome negative influences. We receive referrals from: physicians, psychologists, psychiatrists, private parties, churches, schools, community programs, & county or municipal courts within the state of Oklahoma for the purpose of completing community service.

Programs

ETC hosts groups each week for a special day of therapy, riding and fun. People are taught the unique relationship between horse, rider, and God. Emphasis is given on how to interact appropriately with authority figures and treating peers with respect, while establishing a friendship with the horse. With a horse, there's no judgement, no blame, and no shame.

- ETC PARTNERS:**
Reading Riders
Jubilee Partners
Faith Works
 - Inner city / at risk youth under 18
12-Step Equine Program
Four Winds Ranch - adolescent treatment center
Faith Hope & Horses - long-term illness youth
Make Promises Happen - handicapped adults
OK Metro Area Schools
OK & Logan County Municipal Courts

ETC ALSO OFFERS:

- 8-Week Leadership Programs** - small groups of youth & adults,
- Corporate Team Building** - similar to ROPES courses,
- Individual Therapy, Birthday Parties & Wedding Receptions** that are paid by individuals with all proceeds going to support ministry expenses

ETC is continuously working to develop new programs to meet the needs of today's society. Ideas from caring & concerned community individuals are always welcomed.

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EAP is a collaborative effort between a licensed therapist and a horse professional. Participants learn about themselves and others by participating in activities with **ETC** horses. 90% of EAP takes place on the ground. Trained counselors deal with issues of behavioral problems, A.D.D. /A.D.H.D., substance abuse, eating disorders, family dysfunction, depression and anxiety.



Director

Prim Cockrell-Dunn founded **ETC** after she answered God's call to use her love and knowledge of horses to eternally impact the lives of people in need. For the past 40 years of her life, Prim has trained amateurs and youth in all aspects of horsemanship. She has groomed world champion riders & horses, and is a Professional Horsemen member of the American Quarter Horse Association.

Prim holds a Level One certification in Equine Assisted Psychotherapy through EAAGALA (Equine Assisted Growth & Learning Association.)

This program not only utilizes the art of riding, but also the task of caring for the horses. The bonds that form through this experience teach trust, respect, and responsibility. As these critical skills are practiced, students are rewarded by becoming part of a team with an eager and willing horse. Many of these students will go on to become lifelong horse owners.



Please make checks payable to ETC and mail to: ETC P.O. Box 75 Edmond, OK 73083 or provide your credit card information below.

- \$50 Donation
- \$100 Donation
- \$250 Donation
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- I would like to volunteer
- Please send more information about ETC
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Name on card: _____
 Card #: _____
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 E-mail: _____
 Phone # _____

Thank you for your love and generosity! All gifts are tax-deductable as allowed by law. Please detach and mail to ETC

Additional Contact Information