

# Martin Nature Park

[http://www.okc.gov/parks/martin\\_park/](http://www.okc.gov/parks/martin_park/)



- Adaptive Row/Paddle is a fully inclusive program designed for people (age 8 and over) with physical, sensory and cognitive disabilities; focuses on individual needs and uses modified equipment to get participants on the water in a rowing shell or kayak. Saturdays 2-5pm, contact Jack McMahan at 405-552-4040 or [jmcmahan@okcbf.org](mailto:jmcmahan@okcbf.org)
- The Martin Nature Park project is intended to preserve the ecological advantages of the area while expanding access to its natural experiences – including feelings, sights, sounds – to people with disabilities.
- Featured project of Wilderness Matters [www.wildernessmatters.org](http://www.wildernessmatters.org)