

Timeline of Transition Activities

Provided by the Oklahoma Transition Council



This timeline is a recommended list of programs, services, and activities that you can use to begin helping your child prepare for the future. The items listed in each age group are considered “best time to start”; however, they are not the only time. You can always revisit something that you did not have an opportunity to do at an earlier time.

Birth to 5 years old	This is a critical time to get connected with resources and begin accessing services for which your child might be eligible.
<ul style="list-style-type: none"> Request an evaluation for related services, such as speech therapy, through SoonerStart for those children from birth to age 3; if your child is older than 3, contact your local school district for an evaluation 	<ul style="list-style-type: none"> http://ok.gov/sde/soonerstart 405-521-4880 405-522-4513
<ul style="list-style-type: none"> Apply through the Department of Health for Women, Infants and Children (WIC) Program assistance which focuses on healthy foods and nutrition. 	<ul style="list-style-type: none"> http://www.ok.gov/health/Child_and_Family_Health/WIC/ 405-271-4676
<ul style="list-style-type: none"> Connect with Oklahoma Family Network (OFN) for services and supports in your area for children with special healthcare needs and children with disabilities 	<ul style="list-style-type: none"> http://www.oklahomafamilynetwork.org (405-271-5072 or 877-871-5072)

<ul style="list-style-type: none"> • SoonerStart—Prepare for 3 year old transition meeting with public school by working with your child’s SoonerStart Resource Coordinator 	<ul style="list-style-type: none"> • http://www.ok.gov/health/County_Health_Departments/Carter_County_Health_Department/SoonerStart_Early_Intervention/index.html <p>Regional Office Phone Numbers:</p> <p>Ardmore, 580-223-9705; Oklahoma County, 405/271-9477; Chickasha, 405/224-1050; Norman, 405/321-4048; Durant, 580/332-2011; Tulsa, 918/835-8691; Tahlequah, 918/458-6577; Muskogee, 918/683-0321; McAlester, 918/423-1267; Clinton, 580/323-2100</p>
<ul style="list-style-type: none"> • Apply for Tax Equity and Fiscal Responsibility Act (TEFRA) benefits if under age 18, a resident of Oklahoma, and have been denied by SSI. Certain other criteria must be met (e.g., hospital level of care, or nursing home level of care) 	<ul style="list-style-type: none"> • http://www.okdhs.org/programsandservices/health/tefra (405-521-3679) • www.ssa.gov/ssi (1-800-772-1213) Toll-free TTY number (1-800-325-0778, between 7 a.m. and 7 p.m. Monday through Friday).
<ul style="list-style-type: none"> • If you meet eligibility requirements, apply with the Department of Human Services (DHS) for: 	<ul style="list-style-type: none"> • http://www.okdhs.org/ (405-521-3646) • www.ouhsc.edu/thecenter/products/documents/CommServGuide.pdf
<ul style="list-style-type: none"> ○ Developmental Disabilities Services Division (DDSD) In-Home Supports Waiver ○ Developmental Disabilities Services Division (DDSD) Family Support Assistance Program 	<ul style="list-style-type: none"> • http://www.okdhs.org/programsandservices/dd/
<ul style="list-style-type: none"> ○ Supplemental Nutrition Assistance Program (SNAP) 	<ul style="list-style-type: none"> • http://www.fns.usda.gov/snap
<ul style="list-style-type: none"> ○ Temporary Assistance for Needy Families (TANF) 	<ul style="list-style-type: none"> ○ http://www.hhs.gov/recovery/programs/tanf/index.html
<ul style="list-style-type: none"> ○ Aged, Blind, Disabled (ABD) 	<ul style="list-style-type: none"> ○ http://www.okdhs.org/programsandservices/health/med/docs/elig.htm#abd (405-521-3646)

<ul style="list-style-type: none"> ○ Supplemental Security Income (SSI) Disabled Children's Program (DCP) 	<ul style="list-style-type: none"> ○ http://www.okdhs.org/programsandservices/health/med/docs/ssidcp.htm (405-521-3646) ○ http://www.ssa.gov/pgm/ssi.htm
<ul style="list-style-type: none"> ○ If your child is receiving SoonerCare, they may also receive benefits under the Early Periodic Screening, Diagnosis, and Treatment (EPSDT) program 	<ul style="list-style-type: none"> ○ http://www.okdhs.org/programsandservices/health/epsdt (405-521-3646)
<ul style="list-style-type: none"> ○ Respite Voucher Program- The respite program lets caregivers take a break away from the duties of taking care of another person. 	<ul style="list-style-type: none"> ○ http://www.okdhs.org/programsandservices/aging/resp/ (405-521-3646) ○ To apply for the Oklahoma Department of Human services Respite Program locate the Developmental Disabilities services Area Office nearest you (http://www.okdhs.org/programsandservices/dd/docs/areacontactinfo.htm). Call the intake office in that office and request an application. The State Office toll free number is 1-866-521-3571.
<ul style="list-style-type: none"> • Connect with Sooner Success to access supports, services, and resources in your area for children with developmental disabilities, healthcare needs, mental health needs, or abuse/neglect needs 	<ul style="list-style-type: none"> • http://www.oumedicine.com/pediatrics/department-sections/developmental-behavioral-pediatrics/child-study-center/programs-and-clinical-services/sooner-success/county-coordinators (877-441-0434)
<ul style="list-style-type: none"> • Connect with the Oklahoma Autism Network if your child has been diagnosed or if you suspect your child has an autism spectrum disorder 	<ul style="list-style-type: none"> • www.okautism.org (405-271-7476 or 877-228-8476)
<ul style="list-style-type: none"> • Apply for Social Security Benefits through Social Security Administration (SSA) 	<ul style="list-style-type: none"> • http://www.okdhs.org/programsandservices/health/ssidcp (405-521-3646) • http://www.ssa.gov/pgm/ssi.htm
<ul style="list-style-type: none"> • Connect with TARC for resources in your community on advocating for the rights of citizens with developmental disabilities 	<ul style="list-style-type: none"> • http://www.ddadvocacy.net/ddadvocacy/default.asp (918-582-8272 or 800-688-8272)
<ul style="list-style-type: none"> • Connect with OK Parents Center 	<ul style="list-style-type: none"> • http://oklahomaparentscenter.org

for parent training, information, and advocacy resources in your area.	(405-379-6015 or 877-553-4332)
<ul style="list-style-type: none"> • Apply for Sooner Care/Medicaid 	<ul style="list-style-type: none"> • http://www.okhca.org/individuals.aspx?id=52&menu=114&parts=11601_7453 (800-987-7767 or 800-757-5979-TDD)
<ul style="list-style-type: none"> • 2-1-1 provides access to the organizations in your area that provide free and low-cost services such as financial assistance, food, clothing, housing, counseling, health care and more. 	<ul style="list-style-type: none"> • http://www.referweb.net/hlok (Telephone-Dial 211)
<ul style="list-style-type: none"> • The Joint Oklahoma Information Network (JOIN) provides a community resource directory and information on eligibility. 	<ul style="list-style-type: none"> • http://join.ok.gov
<ul style="list-style-type: none"> • The Office of Disability Concerns provides accurate and timely information, referral and advocacy. Begin teaching youth self-determination and self-advocacy skills. 	<ul style="list-style-type: none"> • www.odc.ok.gov (800-522-8224 or 405-521-3756)
<ul style="list-style-type: none"> • Learn about individualized education programs (IEP) and the process (what to expect). 	<ul style="list-style-type: none"> • www.wrightslaw.org • http://nichcy.org/wp-content/uploads/docs/pa12.pdf • http://nichcy.org/schoolage/iep/ (1-800-695-0285 or 1-202-884-8200)
<ul style="list-style-type: none"> • The One-Pager is a simple tool to help provide important information about your child's strengths, preferences, interests, and needs. Begin developing one for your child. Call the Center for Learning and Leadership for training in Person Centered Practices and help in creating a one page introduction. 	<ul style="list-style-type: none"> • http://www.imdetermined.org/one_pager • www.ouhsc.edu/thecenter (405-271-4500 or 1-800-627-6827) • www.okddc.ok.gov (405-521-4984 or 1-800-836-4470)

<ul style="list-style-type: none"> This website provides answers to questions often asked by parents about special education services. 	<ul style="list-style-type: none"> http://nichcy.org/publications/lgl
<ul style="list-style-type: none"> Begin completing the OFN Care Notebook, an organizing tool used to keep track of important health care and school information for your child. 	<ul style="list-style-type: none"> http://www.oklahomafamilynetwork.org (405-271-5072 or 877-871-5072)
<ul style="list-style-type: none"> Participate in the Oklahoma Developmental Disabilities Council (ODDC) Partners In Policy Making 	<ul style="list-style-type: none"> http://www.okddc.ok.gov/what_is_partners.html or Erin Taylor at (405) 521-4967 or (800) 836-4470
<ul style="list-style-type: none"> Attend story time at local public libraries. This website provides a directory of public libraries and systems. 	<ul style="list-style-type: none"> http://www.odl.state.ok.us/go/pl.asp or contact your local library
<ul style="list-style-type: none"> Seek out Summer Reading Programs and other skill development programs through universities, public schools, libraries, and other groups. 	<ul style="list-style-type: none"> http://www.odl.state.ok.us/summer/index.htm
<ul style="list-style-type: none"> Begin teaching about safety skills (in public places, foods, transportation, parking lots, new people, etc.) 	<ul style="list-style-type: none"> http://www.dltk-kids.com/safety/index.htm http://www.safekids.org/educators/activities.html (202-662-0600) http://nichcy.org/wp-content/uploads/docs/st1.pdf
<ul style="list-style-type: none"> Begin to record your learning about things that work/don't work with your child so you can share how your child should be supported. Contact the Center for Learning and Leadership or the OK DD Council for more information. 	<ul style="list-style-type: none"> www.ouhsc.edu/thecenter (405-271-4500 or 1-800-627-6827) www.okddc.ok.gov (405-521-4984 or 1-800-836-4470)

Elementary (5-10 years old)	This is the key developmental period for students to learn those general employability skills – finishing what I start, being on time, being reliable, etc. Parents and teachers play such a role on this in these years
<ul style="list-style-type: none"> • <u>A Student’s Guide to the IEP- Attend IEP meetings (parent and student)</u> 	<ul style="list-style-type: none"> • http://nichcy.org/wp-content/uploads/docs/st1.pdf
<ul style="list-style-type: none"> • Inquire about and advocate for accessible instructional materials (Accessible Instructional Materials (AIM) A Technical Guide for Families and Advocates). 	<ul style="list-style-type: none"> • http://aim.cast.org/learn/aim4families/aim_families_advocates (781-245-2212) • http://okrehab.org/students/AIM.htm (405-521-3514 or 800-523-0288 or 405-521-4672 Voice/TTY)
<ul style="list-style-type: none"> • Begin implementing phases of career development (e.g., career exploration, workplace awareness, job skills, what work is, personal interests) <ul style="list-style-type: none"> ○ Awareness ○ Exploration ○ Preparation ○ Career Placement/Continuing Education 	<p>Awareness Phase (Phase 1)</p> <ul style="list-style-type: none"> • What is work? • What is a job? • What are some jobs you know about? • What kind of work do people do on these jobs? • What have you dreamed of doing? • What kind of job do you want? • Where do you want to live, and with whom? • Why do people work? Why do you want to work? • What do you enjoy doing when you are not in school? • What jobs do your family members have? • What types of things do they do on their jobs? <p>Source: Sitlington, Neubert, Begun, Lombard, & Leconte. (2nd edition). (2007). <i>Assess for Success: A practitioner’s guide for transition assessment</i>. CA: Sage Publications (Permission received from Dr. Leconte to reproduce for educational purposes only)</p>
<ul style="list-style-type: none"> • Self-Determination strategies- student should understand supports/needs and disability (accommodations). 	<ul style="list-style-type: none"> • http://www.imdetermined.org/youth • http://www.ou.edu/content/education/centers-and-partnerships/zarrow/self-determination-assessment-tools.html (405-325-1081)
<ul style="list-style-type: none"> • Take child to work to help teach about employment. 	<ul style="list-style-type: none"> • http://www.daughtersandsonstowork.org/wmspage.cfm?parm1=936 (800-676-7780) • http://en.wikipedia.org/wiki/Take_Our_Daughters_and_Sons_to_Work_Day

	<ul style="list-style-type: none"> • http://www.thelearningpartnership.ca/page.aspx?pid=250 (800-790-9113)
<ul style="list-style-type: none"> • Have child open and maintain a savings account to teach financial independence and responsibility. 	<ul style="list-style-type: none"> • http://www.bankingkids.com/ • http://www.handsonbanking.org/en/ • http://bankingonkids.org/ (414-228-2828)
<ul style="list-style-type: none"> • Save for personal purchases and comparison shop for item. 	<ul style="list-style-type: none"> • http://kidmoney.about.com/od/savingmoney/ht/savemoney.htm • http://www.moneycrashers.com/teaching-kids-save-money/ • http://www.minyanville.com/businessmarkets/articles/SPLS-SKS/11/21/2007/id/14860 • http://www.bargaineering.com/articles/teach-children-shop-bargains.html
<ul style="list-style-type: none"> • Establish chores at home. 	<ul style="list-style-type: none"> • http://housekeeping.about.com/od/involvingfamily/a/5easycharts.htm • http://life.familyeducation.com/parenting/jobs-and-chores/45315.html • http://www.focusonthefamily.com/parenting/parenting_challenges/motivating_kids_to_clean_up/inspire_your_kids_to_do_chores.aspx
<ul style="list-style-type: none"> • Allow child to help cook, etc. 	<ul style="list-style-type: none"> • http://www.dmoz.org/Home/Cooking/For_Children/ • http://cookingwithkids.net/ (505-438-0098) • http://www.kidsacookin.org/
<ul style="list-style-type: none"> • Teach Employment First Thinking-Employment is the first priority and preferred outcome of people with disabilities. 	<ul style="list-style-type: none"> • http://www.employmentfirst.net/ • http://www.apse.org (301-279-060) • http://rtc.ruralinstitute.umt.edu/employment.asp (888-268-2743) • http://www.cast.org/udl (781-245-2212)
<ul style="list-style-type: none"> • Ask for any necessary Assistive Technology. 	<ul style="list-style-type: none"> • http://www.theoatc.org (800-700-6282, OKC 405-271-3625, Tulsa 918-660-3281) • http://www.ok.gov/abletech (888-885-5588 or 405-744-9748)
<ul style="list-style-type: none"> • Public library (open an account and make use of resources). 	<ul style="list-style-type: none"> • http://www.publiclibraries.com/oklahoma.htm
<ul style="list-style-type: none"> • Read books about different careers 	<ul style="list-style-type: none"> • http://www.publiclibraries.com/oklahoma.htm or access materials from school libraries
<ul style="list-style-type: none"> • Participate in parent days/nights at schools. Attend IEP meetings and parent conferences. 	<ul style="list-style-type: none"> • Contact your local schools for upcoming events or ask to be a part of planning them. • http://www.wrightslaw.com
<ul style="list-style-type: none"> • Participate in/host career/transition fairs 	<ul style="list-style-type: none"> • Check with your local school district and Workforce Investment Board Youth Council for upcoming events.

<ul style="list-style-type: none"> Kids need to know their medical needs, medications (what, when, why), etc. 	<ul style="list-style-type: none"> http://www.piedmontparent.com/articlemain.php?What-to-Teach-Kids-about-Medicine-1130 http://www.oklahomafamilynetwork.org (Care Notebook) (405-271-5072 or 877-871-5072)
<ul style="list-style-type: none"> Learning what is important “to” and “for” someone can be done with the Center for Learning and Leadership’s project Person Centered Thinking or you can contact the OK DD Council. 	<ul style="list-style-type: none"> www.ouhsc.edu/thecenter (405-271-5072 or 877-871-5072) www.okddc.ok.gov (405-521-4984 or 1-800-836-4470)
<ul style="list-style-type: none"> Online Safety Activities for Kids. Attend a Wrightslaw Conference for more information. 	<ul style="list-style-type: none"> http://www.rtsd.org/Page/871 http://www.wrightslaw.com
Middle/Junior High (10-14 years of age)	One of the keys here is summer, weekend or odd jobs, volunteer experiences, and visits to jobs
<ul style="list-style-type: none"> Meet with a Benefits Planner to talk about work and impact on SSA benefits. 	<ul style="list-style-type: none"> http://okrehab.org or contact your local VR counselor at DRS (800-845-8476 Toll Free Voice/TTY or 405-951-3400 Voice/TTY)
<ul style="list-style-type: none"> Contact an Oklahoma Center for Independent Living. 	<ul style="list-style-type: none"> http://www.ilru.org/html/publications/directory/oklahoma.html (918) 426-6220 or (800) 568-6821; (405) 321-3203 or (800) 801-3203; (405) 951-3581
<ul style="list-style-type: none"> Students write the present level of performance on the IEP 	<ul style="list-style-type: none"> http://lifeafterieps.com/teaching-kids-to-plan-take-action-toward-their-personal-goals/ http://zarrowcenter.ou.edu (405-325-8951)
<ul style="list-style-type: none"> Students learn to lead IEP meetings. 	<ul style="list-style-type: none"> http://www.imdetermined.org/modules/module_four http://zarrowcenter.ou.edu (405-325-8951)
<ul style="list-style-type: none"> Students learn how to attain their IEP goals. 	<ul style="list-style-type: none"> http://www.imdetermined.org/goal_setting_attainment http://zarrowcenter.ou.edu (405-325-8951)
<ul style="list-style-type: none"> Parents and school staff talk about high school completion options 	<ul style="list-style-type: none"> http://ok.gov/sde/documents-forms Policies and Procedures for Special Education in Oklahoma (405-521-3351) http://ok.gov/sde/sites.ok.gov/sde/files/documents/files/Handbook.pdf Oklahoma Transition Education Handbook (405-521-3351)
<ul style="list-style-type: none"> Read biographies of famous 	<ul style="list-style-type: none"> http://www.infoplease.com/people.html

<p>people and their careers and goals they set to achieve their dreams.</p>	
<ul style="list-style-type: none"> • Questions for Career Development <ul style="list-style-type: none"> ○ Awareness ○ Exploration ○ Preparation ○ Career Placement/Continuing Education 	<p>Exploration Phase (Phase 2)</p> <ul style="list-style-type: none"> • What jobs are you interested in visiting? • What exploratory courses would you like to take in school? • What hobbies do you have? • What activities do you do in your spare time? • What volunteer or community service work do you do? • Did you enjoy your summer job? What parts did you like best? • Do you like being inside or outside better? • Do you prefer being with other people, or do you enjoy being by yourself? • Do you enjoy working with your hands and with tools, or do you prefer to solve problems in your head? • Did you get along well with your classmates? If so, why did you? If not, why didn't you? • What skills do you have that you can use in these or other courses? <p>Source: Sitlington, Neubert, Begun, Lombard, & Leconte. (2nd edition). (2007). <i>Assess for Success: A practitioner's guide for transition assessment</i>. CA: Sage Publications (Permission received from Dr. Leconte to reproduce for educational purposes only)</p>
<ul style="list-style-type: none"> • Plan for postsecondary education (e.g., college/core track, CareerTech) 	<ul style="list-style-type: none"> • http://www.educationplanner.org/ (866-800-9220) • http://www.myplan.com/timeline/high_school.php • http://ok.gov/sde/sites.ok.gov/sde/files/documents/files/Handbook.pdf Oklahoma Transition Education Handbook (405-521-3351)
<ul style="list-style-type: none"> • Visit College, Technology Center on field trips or with parents. Go to OK-AHEAD for list of disability services staff in postsecondary institutions across OK 	<ul style="list-style-type: none"> • http://www.ok-ahead.org/directory.html
<ul style="list-style-type: none"> • Students obtain Work permits. 	<ul style="list-style-type: none"> • http://www.ok.gov/odol/documents/ChildLaborOklahomaWorkPermitInstructionGuide.

	<p>pdf (405-521-6100 or 888-269-5353)</p> <ul style="list-style-type: none"> • http://www.ok.gov/odol/documents/ChildLaborOklahomaWorkPermitFAQs.pdf
<ul style="list-style-type: none"> • Students obtain part-time jobs. 	<ul style="list-style-type: none"> • http://www.okrehab.org/students/transition.htm (405-635-2768 Voice; 800.845.8476 Toll Free) • http://ncdet.ou.edu/en/add-us Add Us In Initiative to help with job placement (405-325-8130) • http://www.cowib.org Central Oklahoma Workforce Investment Board (405-622-2026)
<ul style="list-style-type: none"> • Students volunteer in the community. 	<ul style="list-style-type: none"> • http://ok.gov/sde/documents-forms (405-521-3351) • http://parenting.kaboose.com/raising-children-who-care.html • http://ok.gov/sde/documents-forms National Service Learning Clearinghouse
<ul style="list-style-type: none"> • Students obtain a Picture Identification (ID). 	<ul style="list-style-type: none"> • http://www.dps.state.ok.us/dls/okid.htm (405-425-2424)
<ul style="list-style-type: none"> • Apply for the OK Promise in 8th grade. 	<ul style="list-style-type: none"> • http://www.okhighered.org/okpromise/ or (405-225-9205)
<ul style="list-style-type: none"> • Complete Career Interest Inventories/OK Career Information System (OKCIS) or other type of inventories 	<ul style="list-style-type: none"> • http://okcis.intocareers.org (Jo Kahn, Coordinator of Career and Employment Info Services (OKCIS Staff) (405-743-5404) Fax: (405-743-6809) TDD: (405-743-6816) Email: jkahn@okcareertech.org • http://checkoutcollege.com/explorecareers/interestsurvey.aspx
<ul style="list-style-type: none"> • Investigate career results from EXPLORE online. ACT Explore is designed to help 8th and 9th graders explore a broad range of options for their future. 	<ul style="list-style-type: none"> • https://www.act.org/products/k-12-act-explore/
<ul style="list-style-type: none"> • Investigate Workforce Investment Act (WIA) Youth Programs. 	<ul style="list-style-type: none"> • http://www.ok.gov/oesc_web/Services/Employment_&_Training/Workforce_Investment_Act.html
<ul style="list-style-type: none"> • Attend Oklahoma Transition Institute (OTI) and be a part of local OTI transition team. 	<ul style="list-style-type: none"> • http://www.ou.edu/content/education/centers-and-partnerships/zarrow.html?rd=1

<ul style="list-style-type: none"> • Student requests own accommodations. 	<ul style="list-style-type: none"> • http://www.health.ri.gov/materialbyothers/RhodeIslandYouthTransitionWorkbook.pdf
<ul style="list-style-type: none"> • Prepare for 8th grade reading test. 	<ul style="list-style-type: none"> • http://www.time4learning.com/testprep/#buildskills
<ul style="list-style-type: none"> • Explore after school and summer school options. 	<ul style="list-style-type: none"> • http://www.okafterschool.org/
<ul style="list-style-type: none"> • Begin completing the Transition Care Notebook located on the Oklahoma Family Network Web site. 	<ul style="list-style-type: none"> • http://www.oklahomafamilynetwork.org • Kimberly Osmani, Transition Coordinator <ul style="list-style-type: none"> ○ Oklahoma Department of Rehabilitation Services ○ (405) 635-2768 ○ kosmani@okdrs.gov
<ul style="list-style-type: none"> • Wean students off some accommodations and modifications; narrow down to what is needed and beneficial and allowable by state testing; students should be able to identify what really works for them and what they make use of most often for success. 	<ul style="list-style-type: none"> • http://www.okcareertech.org/educators/career-and-academic-connections (405-377-2000)
<ul style="list-style-type: none"> • Having a Person-Centered Description helps to identify those supports that are needed to be successful as well as other important information about a person. Contact the Center for Learning and Leadership or the OK DD Council. 	<ul style="list-style-type: none"> • www.ouhsc.edu/thecenter (405-271-5072 or 877-871-5072) • www.okddc.ok.gov (405-521-4984 or 1-800-836-4470)
<ul style="list-style-type: none"> • Incorporate activities/tasks (home and/or school) that employ problem-solving, decision-making, and accountability (i.e., responsible for choices made and outcomes). 	<ul style="list-style-type: none"> • http://www.okcareertech.org/educators/career-and-academic-connections (405-377-2000)

High School (14-22 years of age)	Students develop an online portfolio of sorts (think SOP type stuff but more geared to employers)
<ul style="list-style-type: none"> Students help write their IEPs and lead their IEP meetings 	<ul style="list-style-type: none"> http://journals.cec.sped.org/cgi/viewcontent.cgi?article=1305&context=tecplus http://www.imdetermined.org/modules/module_four/ http://www.ncset.org/institutes/proceedings/2002_01_23.pdf http://www.ou.edu/content/education/centers-and-partnerships/zarrow/self-determination-education-materials/iep-team-education-module.html (405-325-8951)
<ul style="list-style-type: none"> Apply for Department of Rehabilitation Services (DRS) transition services to prepare for independent competitive employment; school should invite DRS counselors to present annually to staff, students, and parents. 	<ul style="list-style-type: none"> http://okrehab.org/org/org_app_for_services.htm (800-487-4042)
<ul style="list-style-type: none"> Students apply to participate in Youth Leadership Forum (YLF). 	<ul style="list-style-type: none"> http://www.okddc.ok.gov/youth_leadership_forum.html (405-521-4984 or 1-800-836-4470)
<ul style="list-style-type: none"> Students develop and attain their IEP transition goals. 	<ul style="list-style-type: none"> http://www.okcareertech.org/educators/career-and-academic-connections (405-377-2000) http://www.ou.edu/content/education/centers-and-partnerships/zarrow/self-determination-education-materials/whos-future-is-it-anyway.html (405-325-8951)
<ul style="list-style-type: none"> Students apply for SSA redetermination at age 18 	<ul style="list-style-type: none"> http://www.ssa.gov/OP_Home/cfr20/416/416-0987.htm (800-772-1213 or TTY 800-325-0778) http://www.socialsecurity.gov/ssi/text-cdrs-ussi.htm (800-772-1213 or TTY 800-325-0778)
<ul style="list-style-type: none"> Students obtain driver's permit/license, if appropriate. 	<ul style="list-style-type: none"> http://www.testquestionsandanswers.com/drivers-license/oklahoma.html
<ul style="list-style-type: none"> Teach about public transportation and safety skills 	<ul style="list-style-type: none"> http://nichcy.org/wp-content/uploads/docs/ts9.pdf https://fp.auburn.edu/rse/trans_media/08_Publications/01_Transition_Alabama/02_Service_Programs/09_travel_Ward.pdf
<ul style="list-style-type: none"> Prepare a transportation plan for after high school 	<ul style="list-style-type: none"> Work with your youth and the school to discuss all transportations options in your community and decide on the most appropriate mode for the youth (e.g., driving self, carpooling, walking, riding a bicycle, taking the public bus, calling a taxi, using a call a

	ride service).
<ul style="list-style-type: none"> • Questions for Career Development <ul style="list-style-type: none"> • Awareness • Exploration • Preparation • Career Placement/Continuing Education 	<p>Preparation Phase (Phase 3)</p> <ul style="list-style-type: none"> • What courses do you need to achieve your career goals? • What skills will you need to gain entry into those courses? • How will you prepare to live on your own? • Will you need to take courses during high school and after? • Will these courses lead to college courses? Does the school have a tech prep program? • Do you and your family plan for you to attend college? • Will you gain the skills needed to succeed in college? • Will you be able to get a job based on your high school and/or college coursework? • Does the educational program provide job placement and support? • Can you gain entry into an approved apprenticeship program? <p>Source: Sitlington, Neubert, Begun, Lombard, & Leconte. (2nd edition). (2007). <i>Assess for Success: A practitioner's guide for transition assessment</i>. CA: Sage Publications (Permission received from Dr. Leconte to reproduce for educational purposes only)</p>
<ul style="list-style-type: none"> • Explore Career Tech career majors against desired occupation and enroll in the local CareerTech if a match is found. 	<ul style="list-style-type: none"> • http://www.okcareertech.org/technology-centers (405-377-2000)
<ul style="list-style-type: none"> • If decision is to stay in high school, youth can enroll in CareerTech Education after high school. Go to OK-AHEAD for list of disability services staff in postsecondary institutions across OK. 	<ul style="list-style-type: none"> • http://www.ok-ahead.org/directory.html
<ul style="list-style-type: none"> • Obtain a paid summer job. 	<ul style="list-style-type: none"> • www.okrehab.org (800-845-8476 Toll Free Voice/TTY or 405-951-3400 Voice/TTY) • http://www.ok.gov/okworks or contact local businesses in your community to obtain

	<p>your own job.</p> <ul style="list-style-type: none"> • http://www.apse.org (301-279-0060)
<ul style="list-style-type: none"> • Prepare for postsecondary Education (e.g., college, CareerTech, apprenticeships) 	<ul style="list-style-type: none"> • http://www.aiu3.net/Level3.aspx?id=6474 (412-394-5700) • http://www.seamlesstransition.org/index.php?option=com_content&view=article&id=47&Itemid=81 • http://www.dpi.wi.gov/sped/pdf/tranopndrs.pdf
<ul style="list-style-type: none"> • During the student's sophomore year of high school, parents should request, as part of transition planning, that a new psychological evaluation be conducted by the school; ensure it is adult normed and completed within the last three years of high school. 	<ul style="list-style-type: none"> • Schools are not required to conduct an evaluation for the purposes of attending postsecondary institutions; however, parents can request of the school that an updated evaluation be conducted in high school as part of transition planning or if other disabilities may be suspected.
<ul style="list-style-type: none"> • Complete the Free Application for Federal Student Aid (FAFSA). 	<ul style="list-style-type: none"> • http://www.fafsa.ed.gov (800-433-3243 or TTY 800-730-8913)
<ul style="list-style-type: none"> • Learn more about a college experience for individuals with Intellectual Disabilities. 	<ul style="list-style-type: none"> • http://thinkcollege.net
<ul style="list-style-type: none"> • Contact the disabilities services office at your postsecondary institution. 	<ul style="list-style-type: none"> • Go to OKAHEAD for list of disability services staff in post-secondary institutions across OK http://www.ok-ahead.org/directory.html
<p>The Dream Institute is dedicated to the higher education of students with disabilities through: Academic and Professional Mentorship, Academic Assistance, Scholastic Awards. Youth may be eligible for scholarships.</p>	<ul style="list-style-type: none"> • http://www.dreaminstitute.org (918-660-3408)
<ul style="list-style-type: none"> • Take the ACT or SAT to prepare for college admission. 	<ul style="list-style-type: none"> • http://www.actstudent.org/sampletest (319-337-1270)
<ul style="list-style-type: none"> • Gather documentation necessary for accommodations in college or further training. 	<ul style="list-style-type: none"> • http://www.ok-ahead.org/handbook/toc.html

<ul style="list-style-type: none"> Visit the Oklahoma Association for Higher Education And Disability (OK-AHEAD) Web site to find the disabilities services offices at each Oklahoma college as well as a scholarship application 	<ul style="list-style-type: none"> http://ok-ahead.org/resource.html
<ul style="list-style-type: none"> College videos and online activities to help prepare for college; resources from the Institute for Community Inclusion ICI strives to create a world where all people with disabilities are welcome and fully included in valued roles wherever they go, whether a school, workplace, volunteer group, home, or any other part of the community. 	<ul style="list-style-type: none"> http://opt4college.org or admin@opt4college.org http://www.communityinclusion.org/ (617-287-4300 or TTY 617-287-4350)
<ul style="list-style-type: none"> Tour college campuses in person or online through virtual reality 	<ul style="list-style-type: none"> http://campustours.com (207-753-0136 ext. 1)
<ul style="list-style-type: none"> Learn about changes moving from entitlement under the Individuals with Disabilities Education Act (IDEA) to eligibility under the Americans with Disabilities Act (ADA); visit the OK-AHEAD Web site 	<ul style="list-style-type: none"> http://www.ok-ahead.org/handbook/legal.html
<ul style="list-style-type: none"> Access services through the Advantage Waiver Check this information. DDSD does not administer the Advantage waiver—Aging does. Check with Aging on this topic. 	<ul style="list-style-type: none"> http://www.ok.gov/abletech/documents/Medicaid-ADvantage%20Waiver%20Prog.pdf http://www.okdhs.org/library/rpts/ar/2010/docs/008_s10027fy2010ar independence.htm (405-521-3646)
<ul style="list-style-type: none"> Begin exploring asset development. 	<ul style="list-style-type: none"> http://www.dol.gov/odep/research/FinancialEducationYouthDisabilitiesIssuePaper.pdf http://www.nchsd.org/topics/asset-development.asp (312-223-9600 or TTY 866-584-8750)

<ul style="list-style-type: none"> Students at age 18 register to vote. 	<ul style="list-style-type: none"> http://www.ok.gov/elections/Voter_Registration/Voter_Registration_Application_Form (405-521-2391)
<ul style="list-style-type: none"> Students obtain paid work experiences. 	<ul style="list-style-type: none"> http://www.okrehab.org/students/transition.htm (405-635-2768 or 800-845-8476)
<ul style="list-style-type: none"> Participate in career development (e.g., interviews, W-4, applications) 	<ul style="list-style-type: none"> http://www.khake.com/page94.html
<ul style="list-style-type: none"> Discuss transfer of rights with parents and students and what that really means. 	<ul style="list-style-type: none"> http://nichcy.org/schoolage/iep/iepcontents/age-of-majority http://www.ncset.org/publications/viewdesc.asp?id=318 (612-624-2097)
<ul style="list-style-type: none"> Teachers implement Me! Curriculum to teach self-awareness and advocacy 	<ul style="list-style-type: none"> http://www.ou.edu/content/education/centers-and-partnerships/zarrow/trsition-education-materials/me-lessons-for-teaching-self-awareness-and-self-advocacy.html (405-325-8951)
<ul style="list-style-type: none"> Enroll in Tech-Now class, if offered at your school 	<ul style="list-style-type: none"> https://www.facebook.com/technow.oklahoma http://www.okddc.ok.gov/current_project_pages/tech_now.html Rick DeRennaux, CEO, Tech-Now <ul style="list-style-type: none"> nauxone@swbell.net
<ul style="list-style-type: none"> Males at age 18 register for selective service 	<ul style="list-style-type: none"> http://www.sss.gov/default.htm (847-688-6888 or 888-655-1825)
<ul style="list-style-type: none"> Explore independent living options 	<ul style="list-style-type: none"> http://www.nrcys.ou.edu/oklahoma-programs/okil (800-397-2945 or 405-325-9257) http://www.ilru.org/html/publications/directory/oklahoma.html McAlester (918-426-6220 or 800-568-6821) Norman (405-321-3203 or 800-801-3203) Oklahoma City (405-951-3581)
<ul style="list-style-type: none"> Utilize reality check resources, such as OK Career Planner and Texas Reality Check 	<ul style="list-style-type: none"> http://okcareerplanner.org http://www.cdr.state.tx.us/realitycheck
<ul style="list-style-type: none"> Students open and maintain a checking account 	<ul style="list-style-type: none"> http://www.moneyinstructor.com/checks.asp
<ul style="list-style-type: none"> Learn about Miranda rights 	<ul style="list-style-type: none"> http://usgovinfo.about.com/cs/mirandarights/a/miranda_2.htm http://www.usconstitution.net/miranda.html
<ul style="list-style-type: none"> Access technical assistance from Independent Living Centers 	<ul style="list-style-type: none"> http://www.ilru.org/html/publications/directory/oklahoma.html McAlester (918-426-6220 or 800-568-6821) Norman (405-321-3203 or 800-801-3203)

	<p>Oklahoma City (405-951-3581)</p> <ul style="list-style-type: none"> • http://oksilc.org/ (405-951-3581) • https://www.disability.gov/viewResource?id=2401890
<ul style="list-style-type: none"> • Complete independent living assessments to identify skills needed to learn 	<ul style="list-style-type: none"> • http://caseylifeskills.org/ • http://www.youthincare.illinois.gov/Lifeskills/Ansell-Casey.htm
<ul style="list-style-type: none"> • Explore Medicaid changes 	<ul style="list-style-type: none"> • http://www.medicaid.gov/ • http://www.okdhs.org/programsandservices/health/med/ (405-521-3646)
<ul style="list-style-type: none"> • Explore guardianship options through Department of Human Services (DHS) 	<ul style="list-style-type: none"> • http://www.okdhs.org/programsandservices/dd/guard (405-521-3617) • http://oklahomalibraries.worldcat.org/title/handbook-for-guardians-of-adults-with-developmental-disabilities/oclc/191867255&referer=brief_results • http://oklahomalibraries.worldcat.org/title/all-about-guardianship-a-guide-to-guardianship-law-in-oklahoma/oclc/26372962&referer=brief_results (405-521-2502 or 800-522-8116) • http://digitalprairie.ok.gov/cdm/singleitem/collection/stgovpub/id/6461/rec/12
<ul style="list-style-type: none"> • Incorporate activities/tasks (home and/or school) that employ problem-solving, decision-making, and accountability (i.e., responsible for choices made and outcomes) 	<ul style="list-style-type: none"> • http://www.ehow.com/how_2150256_teach-child-problem-solving-skills.html • http://www.education.com/reference/article/teach-young-children-problem-solving/ • http://www.hpj.com/archives/2011/jun11/jun13/0105TeachKidstoMakeDecision.cfm • http://www.empoweringparents.com/How-to-Create-a-Culture-of-Accountability-in-Your-Home.php • http://www.accountablekids.com/ (907-523-0697)
<ul style="list-style-type: none"> • Take appropriate steps for Assistive Technology (AT) to transition with student to post-secondary or work setting 	<ul style="list-style-type: none"> • http://www.ok.gov/abletech (888-885-5588 or 405-744-9748) • http://www.theoatc.org (800-700-6282, OKC 405-271-3625, Tulsa 918-660-3281)

<ul style="list-style-type: none"> • Questions for Career Development <ul style="list-style-type: none"> • Awareness • Exploration • Preparation • Career Placement/Continuing Education 	<p>Career Placement/Continuing Education Phase (Phase 4)</p> <ul style="list-style-type: none"> • What additional courses do you need to achieve your career goals? • Can these skills be accomplished at a Career and Technology Education Center, two-year College, four-year University? • Which agencies have you connected with or do you need to connect with to pursue your goals? • What resources do you need to continue to live on your own? • Will you be able to get a job? • What supports will you need on the job? <p>Source: Sitlington, Neubert, Begun, Lombard, & Leconte. (2nd edition). (2007). <i>Assess for Success: A practitioner's guide for transition assessment</i>. CA: Sage Publications (Permission received from Dr. Leconte to reproduce for educational purposes only)</p>
<ul style="list-style-type: none"> • Postsecondary Education/Training 	<ul style="list-style-type: none"> • http://www.aiu3.net/Level3.aspx?id=6474 (412-394-5966) • http://www.seamlesstransition.org/index.php?option=com_content&view=article&id=47&Itemid=81 • http://www.dpi.wi.gov/sped/pdf/tranopndrs.pdf
<ul style="list-style-type: none"> • Employment 	<ul style="list-style-type: none"> • http://www.earlychildhood.org/cdrg/prep_employ.cfm • http://www.pacer.org/tatra/resources/empprep.asp (952-838-9000 or 888-248-0822 or TTY 952-838-0190)
<ul style="list-style-type: none"> • Career Ready Certificate 	<ul style="list-style-type: none"> • http://www.okcareertech.org/cac/workkeys/index_new.html (405-717-4923) • http://www.okcareerplanner.com/index.php?id=21
<ul style="list-style-type: none"> • Independent Living 	<ul style="list-style-type: none"> • http://www.okdhs.org/programsandservices/il/ (405-521-3646) • http://www.okil.ou.edu/ (800-397-2945 or 405-325-9257) • http://www.ilru.org/html.publications/directory/oklahoma.html Oklahoma Independent Living Centers McAlester (918-426-6220 or 800-568-6821) Norman (405-321-3203 or 800-801-3203) Oklahoma City (405-951-3581)

Additional information	
<ul style="list-style-type: none"> If you are a grandparent age 55 or over raising grandchildren, you may be eligible for services through the Aging Services Division. 	<ul style="list-style-type: none"> http://www.okdhs.org/programsandservices/aging/grand/default.htm (405-521-3646)
<ul style="list-style-type: none"> When the individual with a disability turns 65 years of age, he or she may be eligible for the Advantage Waiver. Eligibility for Medicare may also exist. 	<ul style="list-style-type: none"> http://www.okdhs.org/programsandservices/aging/adw/ (405-521-3646) http://www.medicare.gov/MedicareEligibility/home.asp?dest=NAV%7CHome%7CGeneralEnrollment&version=default&browser=IE%7C8%7CWindows+7&language=English http://www.okdhs.org/programsandservices/health/med/docs/elig.htm (405-521-3646)

Additional Notes

Ensure your children are connected to resources and service providers before completing high school. It is essential that planning take place to prepare for supported employment, college, employment, and other plans for after high school. Finalize all post-school plans as a team and ensure necessary partners are at the table.

Acronym Guide

For a description of acronyms, please visit <http://nichcy.org/families-community/acronyms>, or www.ouhsc.edu/thecenter/products/documents/AlphSoup_pdf.pdf.