

S:2 H: 2 GLO: 9-12 Partner Hockey Pass

OKLAHOMA ACADEMIC STANDARDS: Physical Education

Source: <http://www.thephysicaleducator.com/resources/Skill-Posters/Hockey/Passing/Passing.pdf>

<p align="center"><u>Objectives/ Student Targets</u></p>	<p><u>Equipment & Technology Needed:</u></p>
<p><u>Cognitive:</u> The students will explain the details of the weight transfer before the pass.</p>	<p>1 field hockey stick per person, 1 field hockey ball per pair</p>
<p><u>Affective:</u> The students will develop an appreciation for the sport of hockey.</p>	
<p><u>Psychomotor:</u> The students will be able to properly complete a hockey pass.</p>	
<p>Academic Vocabulary: Blade, Push/Pull</p>	
<p><u>Introduction / Anticipatory Set:</u></p> <p>QR Video Passing is much quicker than moving the ball yourself</p>	<p><u>Classroom Layout:</u></p> <p>Large open area such as gym or open field</p>
<p><u>Instant Activity:</u></p> <p>Partner Passing</p>	
<p><u>Fitness Development:</u></p> <p>Muscular Endurance and Cardiorespiratory Endurance will be developed as activity time is increased Body Composition will improve with daily activity and nutrition is tracked Flexibility will improve through a daily dynamic warm-up and static stretching during the cool down.</p>	

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<p><u>Lesson Focus:</u></p> <p>I. <u>Lesson Procedures - Teaching the skill or concept activities</u></p> <ol style="list-style-type: none">1. Stance2. Weight Transfer3. Finish the Pass <p>II. <u>Lesson Instructional Activities:</u></p> <ol style="list-style-type: none">1. Stationary Passing2. Passing to a Moving Target3. Passing on the Move to a Moving Target <p><u>Assessment:</u></p> <p>Set up a Passing assessment</p> <p><u>Closure:</u></p> <p>HUDL Technique App Evaluation of Passing</p>	<p><u>Teaching Cues:</u></p> <p>Feet shoulder width Ball in line with center of body Blade face down Look at target Ball should leave middle of blade</p> <p><u>Modifications:</u></p> <p>Passing a soft object (bean bag) Only Stationary</p>
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