

# RESOURCE LIBRARY

## Check-out/Return Instructions

### THE LIBRARY

- All videos are property of the Oklahoma State Department of Education. The Oklahoma State Department of Education does not endorse or support any of the production or publication companies. These videos are to complement an existing research-based program and made available for educational purposes only.

### LOAN PROCEDURES

- Request videos in writing by title.
  - Email: [Kalee.Isenhour@sde.ok.gov](mailto:Kalee.Isenhour@sde.ok.gov)
  - Fax: 405-521-4533
  - Mailing address: Counseling Office  
2500 North Lincoln Boulevard, Suite 112  
Oklahoma City, OK 73105
- Request videos as soon as you are certain of the exact date needed. Give alternate dates and titles when possible. You will be notified if a requested video is not available.
- A video request should contain the following information:
  - a.** Titles requested. **b.** Dates needed. **c.** Name, address, and telephone number
- There is a two-week loan period on all videos. Unless otherwise arranged, they are to be returned within the two-week period. Please do not retain videos longer than the time scheduled for use. Overdue videos will deprive another school district of use and trainings.
- Return postage is not included with videos.
- **Due to the cost to replace materials, we strongly recommend that you return these to our office through certified mail.**
- No VHS or DVDs may be used for television transmission.
- VHS/DVDs are not to be copied or duplicated by the borrower. This is a violation of the United States Copyright Laws. Videos may not be shown where an admission fee is charged.
- Study guides prepared by the production companies are available for many videos. There will be an envelope enclosed if the study guide is available. Please do not keep, mark-up, or destroy the study guide. It must be returned in the video packet.
- Brochures pertaining to the video topic may also be enclosed in with the video packet if available. You may keep these brochures.
- Please follow the audience suggestion on the video check-out list to ensure the film is presented to its intended audience.

### CARE OF RENTALS

The borrower is responsible for returning VHS and DVDs in good condition. Any damage beyond normal wear and tear will be charged to the user. In the event that a VHS or DVD is lost or damaged beyond repair, the borrower will be charged the amount necessary to replace the program.

# RESOURCE INVENTORY

## BULLYING/HARASSMENT

- “Broken Toy” VHS and DVD  
This video combines a dramatic story line performed by actual school children and a powerful message that addresses the problem of bullying directly to children. “Broken Toy” is a shattering program that will move and educate children like nothing they’ve ever experienced.  
30 minutes  
Grades 4 and up
- “Bullied: A Student, a School, and a Case that Made History” DVD  
This video is a documentary film that chronicles one student’s torment at the hands of anti-gay bullies and offers an inspiring message of hope to those fighting harassment today. The package contains a two-part viewer’s guide with standard-aligned lesson plans and activities for use in staff development.  
Middle school and high school students, parents, and staff
- \*NEW\*** “Bullies and How to Help Them” VHS  
The purpose of this program is to introduce young students, as well as educators and counselors, to techniques for analyzing social situations in which bullying occurs and, on the basis of this understanding, to choose the most appropriate strategy or technique for “defusing” a particular situation as it arises, thus preventing the bullying from any further development.  
21 minutes  
Upper elementary school students
- \*NEW\*** “Bully Bystanders: You Can Make the Difference” DVD  
Most teens don’t like to see their peers bullied but are not sure whether or how to respond. This video offers the empowering message that the most effective way to deal with bullying is through the efforts of those who witness it. Program features a compelling short drama based on real-life incidents where bystanders stand up and change the outcome of a bullying incident. We also hear from real teens discussing incidents where they and their peers made a difference by intervening in a bullying situation. On-screen experts advise teens how they can become proactive without putting themselves at risk.  
17 minutes  
Middle and high school students
- \*NEW\*** “Bully-Proofing Your School” Curriculum  
High school is a particularly challenging environment, one where student behavior problems—including the bully-victim dynamic—may develop into violent confrontations. Bully Proofing for High Schools includes specific approaches that teach staff how to decrease the likelihood of violence, empower students, and create an environment where teachers can teach and students can learn. The CD-ROM includes the School Climate survey, letters, forms, and worksheets. Student curriculum and school strategies and interventions are also available.  
High school students and staff

- “Bullying 101: Basic Tools to Stop Middle School Bullying” VHS and DVD  
 It is a behavior that does not stop at the grade school playground. Bullying can make kids feel ashamed and alienated especially in middle school, a time when students want to leave remnants of childhood behind. This video shows that, yes, bullying does happen in middle school and, no, it is never acceptable behavior.  
 10 minutes  
 Middle school students
- “Bullying and How to Handle It” VHS and DVD  
 The kids in this video tell it like it is about bullies in their own words: “They make me scared.” “They make me mad.” “They make me not like school.” Viewers will watch situations that drive home the message that no one deserves to be a victim of a bully, and everyone has the power to respond to bullying in positive, nonviolent ways.  
 12 minutes  
 Elementary students
- “Bullying: True Stories” DVD  
 Four young people tell their true stories about bullying. Includes discussion guide.  
 20 minutes  
 Grades 5-12, staff, and parents
- “... but names will never hurt me” VHS and DVD  
 This inspiring story teaches students how to view others with kindness and show the importance of respect for another person’s feelings.  
 22 minutes  
 Elementary students
- \*NEW\*** “Class Meetings That Matter” Curriculum  
 For schools that are using the Olweus Bullying Prevention Program, Class meetings are a core part of this program. This easy-to-use manual provides almost an entire year's worth of engaging, age-appropriate, and grade-specific ideas and topics to conduct meaningful class meetings. Topic categories include communications, peer relationships, identifying feelings, and building a positive classroom climate. This is a two-part curriculum for elementary students and middle and high school students.  
 Elementary, middle, and high school students
- “Higher Stakes: Consequences of School Harassment” VHS and DVD  
 This video features high school students speaking candidly about their experiences with harassment—instigator, target, or bystander. Their observations are sure to hit home with students, ensuring discussion afterwards following the teacher’s guide.  
 14 minutes  
 High school students

“INBOX” VHS and DVD

Combining a strong and dramatic story line, performed realistically by actual middle school students, “INBOX” is a powerful tool that addresses the current trend of cyberbullying; the use of electronics to harass and bully someone. The story line also depicts relational aggression and abduction. “INBOX” is strong in nature and will have the students really thinking “this could have been someone I know.”

25 minutes

Middle school students

**\*NEW\*** “It’s Not Okay to Bully” DVD

It’s Not OK to Bully explains what bullying is and teaches children how to prevent bullying behaviors, including knowing when to stand up for yourself and when it is best to tell an adult. The video mixes real children and animation with an original, easy-to-sing song.

15 minutes

Pre-K – 3 grade students

“Joey” VHS and DVD

“Joey” is a profound and powerful statement on the bullying problem and the consequences this behavior has on all involved, including the victim, the victim’s family, the bullies, and the bystanders. “Joey” is a film that will challenge and move young and old alike.

27 minutes

Grades 5 and up

**\*NEW\*** “Olweus Bullying Prevention Program” Curriculum

This Teacher’s Guide, with accompanying DVD/CD-ROM, serves as the primary program implementation tool for teachers and other classroom support staff. It highlights the important role you will play both in the classroom and in schoolwide efforts in preventing and addressing bullying. All the resources you need to implement the program, except for the Olweus Bullying Questionnaire, are provided in this guide or on the accompanying DVD/CD-ROM. Schoolwide Guide is also available with DVD/CD-ROM.

**\*NEW\*** “Parenting to Prevent Bullying: A Presentation Kit”

Parents gain a better understanding of the pervasiveness and damaging effects of bullying, learn to recognize the signs of bullying, and are prepared to implement effective strategies for preventing physical and emotional intimidation. This interactive presentation gives them the facts about bullying prevention, plus opportunities to learn, create, and practice bullying-prevention solutions they can pass on to their children. Includes PowerPoint presentation, Leader’s Guide, and surveys.

Parents of children and teens ages 7-14

“Scars” VHS and DVD

This video is a powerful and uplifting story about a bully who had to become a victim in order to understand the pain of bullied and tormented children.

40 minutes

**\*NEW\*** “Starting Small” VHS and DVD  
The vision of community that the early childhood classroom provides can color children's expectations about equity, cooperation and citizenship for a lifetime. This training kit for early childhood educators profiles seven innovative classrooms in which teachers are helping children practice fairness, respect and tolerance.  
58 minutes  
Staff

“Stop Bullying Now!” DVD  
This is a DVD containing a series of 12 animated episodes depicting a group of characters at a school who experience bullying first-hand and what they do to help resolve the situation. Public service announcements are also included for commercial and radio announcements to promote the campaign in school.  
Elementary school students

“Tears on the Highway: Bullying on the School Bus” DVD  
This hard-hitting film does not focus on school bus safety. This film is about school bus bullying and what could go terribly wrong. The story goes terribly wrong, resulting in lives both lost and forever changed. This is a powerful, thought-provoking and heartbreaking film about how bullying can change and affect the lives of victims, the bystanders, and the bullies themselves.  
20 minutes  
Elementary and middle school students

“The Children's March” DVD  
This video tells the story of how the young people of Birmingham, Alabama, braved fire hoses and police dogs in 1963 and brought segregation to its knees. Their heroism complements discussions about the ability of today's young people to be catalysts for positive social change. Includes a teacher's guide with lesson plans for classrooms.  
40 minutes  
Staff

“Urban Improv: Bystanders, Issues, and Bullying” VHS  
A bystander can choose to intervene in an incident or to abstain from action. Three vignettes illustrate incidents in which bystanders decline to become involved and an incidence of teasing that escalates into bullying. Group activities investigate the price of silence, bystanders' responsibilities, rumors, cliques, and bullying.  
26 minutes  
Middle and high school students

“Welcome Back, Devon” VHS  
This video is about a boy being bullied. He fakes an illness to avoid his tormentors, but nothing stops them. A classmate tells the principal when the bullies put the boy in the hospital. When the boy returns to school, he is surprised by a schoolwide assembly welcoming him back and taking a stand against bullying.  
30 minutes  
Middle school students

## **CHARACTER EDUCATION**

### **\*NEW\*** “Adventures with Travis and Presley” DVD

Follow along with Travis and his dog Presley as they travel in the magic doghouse and meet new friends that help Presley learn about having good manners. These are video DVDs that are part of the Good Manners Series curriculum. Curriculum is not available.

Pre-K through third grade students

- It’s Okay to Be Different
- Respecting Others
- Be Polite
- Share and Take Turns
- Good Teamwork
- Good Table Manners
- Please and Thank You
- How to Deal with a Bully

### **\*NEW\*** “Auto B Good” DVD

Auto-B-Good is a character development series featuring 9 animated vehicles, each with his or her own unique personality. These stories will captivate, entertain and educate students featuring the various character traits with turbo-charged, fast paced episodes.

30 minutes

Elementary school students

- Responsibility, Respect, Dependability
- Truthfulness, Honesty, Kindness

### **\*NEW\*** “Harry and His Bucket Full of Dinosaurs” DVD

Harry is a typical five-year-old with a healthy imagination who seeks to resolve his conflicts and frustrations through the use of fantasy. He lives with his mother, his Nana and his older sister. His best friends are his toy dinosaurs whom he keeps in a bucket - but he and his Nana know that his dinosaurs can come to life! Harry's bucket leads to Dino World, where he can creatively find solutions for real world situations that are hard to handle.

Four 11-minute episodes

Pre-K and first grade students

- Politeness, Imagination, Resourcefulness, Initiative
- Self-Reliance, Kindness, Sharing, Joyfulness

## **FIRE SAFETY**

“Rainbow Valley Fire Department Educational Series” DVD

This series is a comprehensive public fire safety education DVD curriculum that teaches critical life safety skills delivered in a fun, non-threatening, and memorable way. The videos combine fresh, colorful, cutting edge 3-D animation with live action video along with songs and games to help teach basic fire and burn prevention. A facilitator’s guide is included. Videos will be checked out individually.

10 minutes each

Elementary school students

- “The Fire Station”
- “Fire Equipment”
- “Fire Trucks”
- “What Causes Fires?”
- “Home Fire Safety Tools”
- “Home Fire Escape Plan”
- “Fire in Your House #1”
- “Fire in Your House #2”
- “Stop, Drop, and Roll”

## **HEALTH**

“The Dark Side of the Sun” DVD

As a sophomore in college, Mollie discovered mole on her thigh. In the following six months, she underwent surgery, chemotherapy and radiation. The Mollie Biggane Melanoma Foundation was created in her memory after her tragic death at the age of twenty. The video’s mission is to increase awareness for melanoma prevention, provide information and services on skin cancer detection, and support melanoma patients through education of the latest treatments.

**\*NEW\*** “Pandemic Preparedness” Curriculum

This program includes lesson plans, PowerPoint, resources, student activity pages, and letters and information for families on pandemic preparedness including H1N1 information. This is a two-part curriculum for elementary students and middle and high school students.

Elementary, middle, and high school students

## **INTERNET SAFETY**

“Connect with Kids – Caught in the Web” VHS

Cell phones, chat rooms, text messages, and blogs are all part of life today, but unlike face-to-face conversations, electronic talk is less regulated and often anonymous, sometimes with dire consequences. Kids make better and safer choices if they learn about today’s online realities, and better understand the risks they take entering today’s “Wild Wild West” -- the World Wide Web.

“Growing Up Online”

DVD

This Public Broadcasting Service (PBS) video peers inside the world of this cyber-savvy generation through the eyes of teens and their parents, who often find themselves on opposite sides of a new digital divide. Two generations with a radically different notion of privacy and personal space, today’s adolescents are grappling with issues their parents never had to deal with: from cyberbullying to instant “Internet fame,” to the specter of online sexual predators.

60 minutes

High school students and parents

**\*NEW\*** “Internet Safety for Kids”

DVD

In this video, students will take a journey into the world of the Internet. They will discover five keys to staying safe online through a hip fast-paced style and age appropriate information.

13 minutes

Upper elementary school students

“Spread the Word: The Net Cetera Community Outreach Guide” DVD

The Net Cetera Community Outreach Guide is a project that provides practical tips from the federal government and the technology community to help convey key points about protecting kids online. It includes a guide for parents, information for kids, slides and videos to use in a presentation and ideas to help you spread the word about online safety. There are 4 short videos for kids included.

Staff and parents

14 minutes

Middle and high school students

## **MILITARY FAMILIES**

“Military Youth Coping with Separation: When Family Members Deploy” DVD

Interactive Military Youth Stress Management Plan and Facilitator’s Guide

This video is developed by military pediatricians and adolescent medicine specialists to help military youth understand that they are not alone as they experience family separation.

Middle school students and up

“Mr. Poe and Friends: Discuss Family Reunion after Deployment” DVD

This video helps family’s deal with deployment and separation stress in healthy, positive ways. Written and performed by children and their parents who have experienced deployment, it presents common scenarios that most families face.

30 minutes

Elementary and middle school students

“Talk, Listen, Connect – Deployment, Homecoming, Changes” DVD

These videos will discuss how to help children cope with pre-deployments, deployments, adjusting and staying connected, how to make reunions go as smoothly as possible, with ideas on how to deal with multiple deployments and homecomings, and how to help families stay connected and hopeful as they establish a “new normal.”

Elementary students

## SCHOOL BUS SAFETY

### **\*NEW\*** “Peaceful School Bus” Curriculum

This curriculum includes a DVD and CD-ROM for reproducible handouts and templates. The DVD provides an overview of the program components as well as an opportunity to see the program in action. This is a useful tool in educating key stakeholders including school staff, bus drivers, and parents about the program.

10 minutes

Students, parents, and staff

## SUBSTANCE ABUSE

### “Alcohol: True Stories” VHS

This video is a powerful tool for engaging teens on an issue important to their health and well being. By showing real kids, this video reaches viewers on a rational and emotional level.

20 minutes

Middle school students and up

### “Brandon Tells His Story” VHS

This is a story of a young man who has paid and will keep on paying a terrible price for a choice he made when he was seventeen. This story is about a drunk driver and how many lives can be changed by one irresponsible decision.

28 minutes

Teens

### “Crystal Darkness” DVD

Almost all Oklahoma TV stations aired this life-changing program about meth. This fully customized version focusing on the people of Oklahoma features the stories of local youth with input by recovery experts, law enforcement, and community leaders.

30 minutes

High school students, parents, and staff

### **\*NEW\*** “Drugged Driving: The Hidden Dangers: DVD

During this hour-long webcast by the Multijurisdictional Counterdrug Task Force Training, *Drugged Driving: The Hidden Dangers*, participants will learn how big the problem really is and why it's so difficult to do more to solve it. See how one group that promotes highway safety started a public awareness campaign to spread the word about the dangers of drugged driving. Find out why it can be difficult to prove impairment.

1 hour

Staff

### “I Can’t Breathe” DVD

This video, coupled with a moderator's guide, is designed to help lead classroom discussions with students about the consequences of cigarette smoking.

20 minutes

Middle school students

- “Inhalant Use: Please Don’t Breathe My Fumes” VHS  
 Adolescents learn the facts and ill effects about inhalants with this animated video featuring computer-generated art and upbeat music. After this video, students will know inhalants harmful effect.  
 12 minutes  
 Middle school students
- “Meth Inside Out: Brain and Behavior” DVD  
 This video equips viewers with an understanding of how meth changes the brain and behaviors with 3-D animations, accessible explanations, and personal accounts. Users learn how to better cope with the stages of meth addiction and recovery by gaining an understanding of the biological underpinnings of the high, tolerance, craving, paranoia, aggression, and healing.  
 34 minutes  
 Staff
- “Meth Inside Out: Human Impact” DVD  
 This video provides an eye-opening introduction to the impact that meth has on individuals, families, and communities across the globe. It focuses on the magnitude and consequences of use, including physical and mental health problems, job loss, violence, incarceration, and effects on children.  
 34 minutes  
 Staff
- “Meth Inside Out: Window’s to Recovery” DVD  
 This episode empowers the viewer by providing actionable information and concrete tools for recovery, including creating structure, participating in sober activities, avoiding high-risk situations, and coping with craving. “Windows to Recovery” reveals that treatment is not a quick fix, but a set of activities leading to long-term changes in lifestyle, thinking, and behavior.  
 42 minutes  
 Staff
- “National Institute on Drug Abuse Teaching Packet” CD-ROM  
 This packet consists of 5 prepared PowerPoint presentations with teaching notes in the areas of:
- “The Brain and the Actions of Cocaine, Opiates, and Marijuana”
  - “The Neurobiology of Drug Addiction”
  - “Understanding Drug Abuse and Addiction: What Science Says”
  - “The Neurobiology of Ecstasy”
  - “Bringing the Power of Science to Bear on Drug Abuse and Addiction”
- “PACT 360” DVD  
 This program is a law enforcement-led community prevention education system designed to deal with existing drug issues and rapidly respond to emerging drug threats. The goal is to help reduce illicit drug use and its accompanying criminal behavior thereby improving the safety and quality of life in the community. The focus of “Pact 360” is on methamphetamine, prescription, and over-the-counter drug abuse by teens. Includes guidelines, DVDs, and youth card game.  
 Students, staff, and parents

**\*NEW\*** “Project TNT” Curriculum

This curriculum features the latest updates on the epidemiology of tobacco-related diseases, prevalence of smoking and other tobacco use among youth and risk factors related to tobacco use. Prevents teen tobacco use by changing preconceptions about tobacco and by teaching decision-making, refusal and communication skills.

Middle school students

“Scene Smoking: Cigarettes, Cinema, and the Myth of Cool” DVD

This video is a documentary that brings together some of Hollywood's most powerful voices in a frank discussion of artists' rights, social responsibility, and the First Amendment.

60 minutes

High school students

“Smoke Screeners” DVD

This video is an educational program that helps teach media literacy skills to young people. This program improves their ability to critically analyze the message they receive about tobacco use in movies and television.

14 minutes

Middle and high school students

“The Boy Who Was Swallowed by the Drug Monster” VHS

The story, illustrations and narration are based on the effects drugs had on an 8 year old and his family. This video comes to a powerful conclusion when the boy (now an adult) speaks directly to the viewer from jail and tells how his childhood was taken away from him.

13 minutes

Elementary students

**\*NEW\*** “The Blunt Truth: Communities Dealing with Marijuana” DVD

During this hour-long webcast by the Multijurisdictional Counterdrug Task Force Training and CADCA, *The Blunt Truth: Communities Dealing with Marijuana*, participants will hear how coalitions are getting their prevention message out as laws and attitudes change. Learn the best ways to educate the public about marijuana's harmful effects on the developing brain. Find out how coalitions are working with local and state governments on legislation and ordinances.

1 hour

Staff

“The Road to Nowhere” DVD

This video depicts the consequences of the misuse of prescription drugs. This video is by the Oklahoma Pharmacy Educational Foundation. Questions for class discussion, video talking points, and resources are included.

14 minutes

Middle school students and up

“The High is a Lie” DVD

The video teaches the effects of methamphetamine on the human brain. It includes current research, brain scans and diagrams that illustrate how methamphetamine injures brain structures, causing personality changes and damaged relationships.

36 minutes

Classroom Version and Adult Version

“This Place” DVD

This is a powerful movie that challenges viewers to recognize the many ways our society allows and even encourages children to drink alcohol. Perhaps most important, it demonstrates the power of ordinary citizens to take meaningful action that will change the culture of drinking in their communities.

16 minutes

Staff

“Twelve – Is there life after rehab in recovery?” DVD

This video is an unscripted, stark glimpse of the struggles of some individuals and their experiences with the harsh reality of addiction. Each has an eye opening, emotional story revealing the underlying strengths and weaknesses within the depths of humanity.

45 minutes

Staff and high school students

## **SUICIDE**

“Games Adolescents Shouldn’t Play – Choking Game Awareness Kit” DVD

This video begins with high-achieving teens choking each other as a way to get high without the risk of getting caught with drugs or alcohol. It ends with thousands dying or suffering permanent brain damage each year. Included you will find the presentation, digital educational materials, and a booklet for parents and teachers.

15 minutes

Middle and high school students, parents, and staff

**\*NEW\*** “Lifelines: A Suicide Prevention Program” Curriculum

This video is a comprehensive suicide prevention curriculum, from Hazelden, that includes a program guide, a CD-ROM with reproducible handouts and two DVDs. Students participate in role-playing exercises that teach them what to do when faced with a suicidal peer. This compelling program is an ideal component to your school's prevention programming.

Middle and high school students

**\*NEW\*** “Lifelines: Intervention” Curriculum

This program provides information on how to prepare your school community to address and respond to threats or signs of suicide and intervene before it's too late. The manual provides guidance on how to perform an assessment interview with a student suspected to be at risk for suicide, including how to gather collateral information about the student, how to involve parents and guardians in the intervention, and how to make a referral to an outside community resources.

Staff

**\*NEW\*** “Lifelines: Postvention” Curriculum

This program educates everyone in the school community on how to address and respond to a suicide or other traumatic death that affects the school population. This resource outlines a response strategy that reflects the challenges schools face in dealing with death. Also included are references and support material that allow school leaders to recognize and reduce the risk of suicide contagion behavior.

Staff and parents

## **TEEN DATING VIOLENCE**

“Dealing with Teen Dating Abuse: Matters of Choice” DVD

This video is a dramatic teaching tool for any teen dating abuse prevention program. The video chronicles the story of a teen relationship. Every scenario is based on well-researched information received from professionals trained in dealing with relationship abuse and domestic violence. These video and teaching materials are an excellent resource for starting dialogue about teen dating abuse.

18 minutes

High school students

**\*NEW\*** “Ending Violence” Curriculum

This program is a dating violence prevention curriculum. Safely and smartly connecting with teens, “Ending Violence” helps you teach youth how to prevent and safely end abusive relationships, understand their legal rights and responsibilities, and create a framework for building healthy relationships in the future.

Middle and high school students

“Higher Stakes: Consequences of Sexual Harassment” VHS and DVD

This video features high school students speaking candidly about their experiences with harassment — instigator, target, or bystander. Their observations are sure to hit home with students, ensuring discussion afterwards, following the teacher’s guide.

14 minutes

High school students

“Open Arms? Open Eyes! Power, Control, and Abuse in Teen Relationships” DVD

This video uses dramatic vignettes and interviews with expert and real-life abuse victims to show viewers how to spot relationship abuse. As teenage hosts review the danger signs, viewers will learn which behaviors are unacceptable and practical tips for dealing with an abuser. This video will teach students to protect themselves from dating abuse and also know how to take a stand against abuse in their school and beyond.

27 minutes

High school students

**\*NEW\*** “Safe Dates” Curriculum

Highly engaging and interactive, Safe Dates helps teens recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive dating relationships.

Middle school students

“Sexual Harassment” DVD

This program explains sexual harassment and the appropriate way to report it. Students role-play scenarios, examining a wide range of behaviors such as explicit jokes, workplace harassment, and obsessive and threatening conduct. This program also gives kids the tools necessary to deal effectively and respectfully with sexual harassment.

20 minutes

Middle and high school students

“Sexual Violence: What are you going to do about it?” DVD

The quickest way to stop sexual violence is to do something before it escalates. Bystanders can help. Using role-play created by teens, this video shows simple steps bystanders can take to stop violence without jeopardizing their friendships or safety.

18 minutes

High school students

## **VIOLENCE/HARASSMENT**

“Because Things Happen Every Day: Responding to Teenage Victims of Crime” DVD

This video and guidebook is designed to foster a greater understanding of the impact of crime and violence on teens and the obstacles teens face in seeking help. The video features two innovative programs that have been effective in reaching and responding to teen victims.

20 minutes

Staff

“Freedom from Violence: The Gang Alternative”

Participants will learn information on how to identify students at-risk for joining a gang and how to implement successful prevention strategies in the classroom. The program shows three staff members of a gang outreach prevention organization at work in the classroom using violence prevention strategies and counseling students.

28 min

Staff

“Freedom from Violence: Take the Lid off Anger” VHS

This video will give teachers the tools to help students manage anger by being aware of the signs of anger, expressing their feelings and making healthy choices. The boundary between violence and anger, the root of anger, forming a positive relationship with students, and the tips to integrate the discussion of feeling into the curriculum and specific violence prevention-activities are also discussed and demonstrated.

28 minutes

Staff

“It’s Not Only Murder: Discovering the Violence in Your Life” VHS and DVD

Violence is more than murder is the news that this video delivers, in a way that teens can understand and act on. Students talk about how subtle and pervasive violence can be, how it starts, how it escalates and spreads, how to stop it, how to avoid it, and how to break the cycle that threatens their future.

17 minutes

High school students

**\*NEW\*** “Violence Prevention: Inside Out” VHS

Throughout narration, interviews, and dramatization, this video examines the feelings inside oneself leading to and resulting from violence and violence experienced externally in the home, school, society, and environment in general.

62 minutes

Middle and high school students

**\*NEW\*** “Understanding, Controlling, and Preventing Anger” VHS

In video one, this program will discuss where anger is generated, how it can overwhelm rational thought, how it can seriously impact an individual’s ability to have healthy relationships with others and negatively affect a person’s physical health. In video two, this program will help students get stress under control and to restrain trigger thoughts.

30 minutes

Middle and high school students