



**ADMINISTERING
THE SUMMER
FOOD SERVICE
PROGRAM:
MEAL PLANNING**


OSDE Child Nutrition Programs
www.sde.ok.gov/summerfood



1

TOPICS


- SFSP Meal Pattern Requirements
- Cycle Menus
- Food Production Records
- Food Buying Guide
- CN Labels and Product Formulation Statements
- Inventory




2

MEAL PATTERN REQUIREMENTS

- Food Component
- Food Item



<http://www.fns.usda.gov/sfsp-meals-and-snacks>




3

MEAL PATTERN REQUIREMENTS

Breakfast, Lunch, Snack requirements


Refer to page 58 in the Administrative Guide

4 | SFSP Meal Patterns 


4

CYCLE MENUS

Refer to the "Nutrition Guidance for Sponsors"
for Sample Cycle Menus




[http://www.fns.usda.gov/sites/default/files/Nutrition Guide.pdf](http://www.fns.usda.gov/sites/default/files/Nutrition%20Guide.pdf)

5 | SFSP Meal Patterns 

5

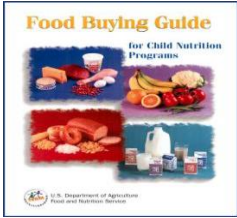
MEAL PRODUCTION RECORDS

- Form located under Forms on webpage
- Schools may use form used for NSLP
- Must be maintained daily

6 | SFSP Meal Patterns 

6

FOOD BUYING GUIDE



United States
Department of
Agriculture
(USDA)
Food and Nutrition
Service

7 | SFSP Meal Patterns



7

FOOD BUYING GUIDE

Whether serving 10 or 1000 meals, the concept is the same!

- Will the meal meet requirements for the appropriate CNP?
- How many servings will you get from a specific quantity of food?
- What quantity of the raw product will provide the amount of ready-to-cook food called for in a recipe?
- How much food will you need to buy?

1-8 | SFSP Meal Patterns

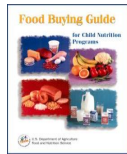


8

FOOD BUYING GUIDE (FBG)

The FBG is divided into 7 sections and an index. The sections are as follows:

- Introduction
- M/MA
- V/F
- G/B
- Milk
- Other Foods
- Appendices A–E



SFSP Meal Patterns

1-9

9

FOOD BUYING GUIDE

Foods you choose to use must appear in the Food Buying Guide exactly as shown on the label.

10 | SFSP Meal Patterns

10

FOOD BUYING GUIDE

Examples:

- Beans, Green, flat Italian, frozen, whole
- Chicken, Boneless, fresh or frozen, Tenderloins; Tenderloins (boneless, chicken breast pieces without skin)
- Potatoes, French Fries, frozen; shoestring, straight cut, low moisture

11 | SFSP Meal Patterns

11

1 Food As Purchased, AP	2 Purchase Unit	3 Servings per Purchase Unit, EP	4 Serving Size per Meal Contribution	5 Purchase Units for 100 Servings	6 Additional Information
BEANS, GREEN (continued)					
Beans, Green, canned Whole Includes USDA Commodity	No. 10 can (101 oz)	39.5	1/4 cup heated, drained vegetable	2.6	1 No. 10 can = about 58.7 oz (13 cups) drained, unheated beans
	No. 10 can (101 oz)	52.2	1/4 cup drained vegetable	2.0	
	No. 2-1/2 can (28 oz)	14.4	1/4 cup heated, drained vegetable	7.0	1 No. 2-1/2 can = about 16.0 oz (3-5/8 cups) drained, unheated beans
	No. 300 can (14-1/2 oz)	4.58	1/4 cup heated, drained vegetable	21.9	1 No. 300 can = about 7.3 oz (1-1/8 cups) heated, drained beans
	No. 300 can (14-1/2 oz)	6.95	1/4 cup drained vegetable	14.4	1 No. 300 can = about 7.6 oz (1-5/8 cups) drained, unheated beans

12 | SFSP Meal Patterns

12

Section 2—Vegetables/Fruits

1 Food As Purchased, AP	2 Purchase Unit	3 Servings per Purchase Unit, EP	4 Serving Size per Meal Contribution	5 Purchase Units for 100 Servings	6 Additional Information
BEANS, GREEN (continued)					
Beans, Green, canned Whole Includes USDA Commodity	No. 10 can (101 oz)	39.5	1/4 cup heated, drained vegetable	2.6	1 No. 10 can = about 58.0 oz (13 cups) drained, unheated beans
	No. 10 can (101 oz)	52.2	1/4 cup drained vegetable	2.0	
	No. 2-1/2 can (28 oz)	14.4	1/4 cup heated, drained vegetable	7.0	1 No. 2-1/2 can = about 16.0 oz (3-5/8 cups) drained, unheated beans
	No. 300 can (14-1/2 oz)	4.58	1/4 cup heated, drained vegetable	21.9	1 No. 300 can = about 7.3 oz (1-1/8 cups) heated, drained beans
	No. 300 can (14-1/2 oz)	6.95	1/4 cup drained vegetable	14.4	1 No. 300 can = about 7.8 oz (1-5/8 cups) drained, unheated beans

13

Crediting Prepared Foods

CN Label

OR

Product Formulation Statement



14 SFSP Meal Patterns 

14

What Is the CN Labeling Program?

A voluntary Federal labeling program for CNP

Provides information regarding the food product's contribution to the meal patterns.


A sample CN label:

CN

1lb, 2.31oz fully cooked Beef Patty with Instant Soy Flour granules
 CN 2.00 oz equivalent meat meal alternate for the Child Nutrition Meal (1 Future Requirement. (Use of this logo and statement authorized by the Food and Nutrition Service. USJAF 03.0001*)

CN

* USJAF Nutrition Center
 Work 6, line of approval

15 SFSP Meal Patterns 

15

A CN Label Contains:

Logo With Distinct
Border

6-Digit Product
Identification
Number

000000

This 5.00 oz pizza with Ground Beef and Vegetable Protein Product provides 2.00 oz equivalent meat/meat alternate, 1/8-cup serving of vegetable, and 1-1/2 servings of bread alternate for the Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA XX-XX**)

Month and Year of Approval

Meal Pattern Contribution
Statement Specifying CN
Label Was Authorized by FNS

6-16 SFSP Meal Patterns

16

PRODUCT FORMULATION STATEMENT

- **Another means of crediting food**
- **Must come from the manufacturer**
- **Sponsor determine if meets requirements**
- **Maintained with documents**

17 SFSP Meal Patterns

17

INVENTORY AND STORAGE

Administrative Guidance

Nutrition Guidance Manual

- Receiving Food
- Storage of Food
- Inventory, **both beginning and ending**


18 SFSP Meal Patterns

18

Questions?

Contact the State Agency @ 405-521-3327
sfsp@sde.ok.gov

19 | SFSP Meal Patterns




19

NON-DISCRIMINATION STATEMENT

This institution is an equal opportunity provider.

20 | SFSP Meal Patterns



20