



The ASCA Student Standards guide the planning and delivery of all student activities and interventions. The purpose of the classroom and group Mindsets & Behaviors Action Plan is to provide an overview of the delivery of direct services in large group (LG), classroom (Class) and small group (SG) settings. This plan presents the topics addressed, and the annual calendar presents schedule of all classroom and groups activities.

Use the Classroom and Group Mindsets & Behaviors Action Plan to identify all ASCA Student Standards addressed through classroom and group activities. While some activities address multiple ASCA Student Standards, list the activity with the primary mindset or behavior addressed by the activity. It is not necessary to repeat activities with all ASCA Student Standards addressed through that activity.

\_\_\_\_\_  
SCHOOL NAME

\_\_\_\_\_  
DATE CREATED

<b>Mindset Standards</b>					
<b>Mindsets</b>	<b>Activity</b>	<b>Participants</b>	<b>LG</b>	<b>Class</b>	<b>SG</b>
M 1. Belief in development of whole self, including a healthy balance of mental, social/ emotional and physical well-being					
M 2. Sense of acceptance, respect, support and inclusion for self and others in the school environment					
M 3. Positive attitude toward work and learning					
M 4. Self-confidence in ability to succeed					
M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes					
M 6. Understanding that postsecondary education and life-long learning are necessary for long-term success					
<b>Behavior Standards</b>					
<b>Learning Strategies</b>	<b>Activity</b>	<b>Participants</b>	<b>LG</b>	<b>Class</b>	<b>SG</b>
B-LS 1. Critical-thinking skills to make informed decisions					



B-LS 2. Creative approach to learning, tasks and problem solving					
B-LS 3. Time-management, organizational and study skills					
B-LS 4. Self-motivation and self-direction to learning					
B-LS 5. Media and technology skills to enhance learning					
B-LS 6. High-quality standards for tasks and activities					
B-LS 7. Long- and short-term academic, career and social/emotional goals					
B-LS 8. Engagement in challenging coursework					
B-LS 9. Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias					
B-LS 10. Participation in enrichment and extracurricular activities					
<b>Self-Management Skills</b>	<b>Activity</b>	<b>Participants</b>	<b>LG</b>	<b>Class</b>	<b>SG</b>
B-SMS 1. Responsibility for self and actions					
B-SMS 2. Self-discipline and self-control					
B-SMS 3. Independent work					



B-SMS 4. Delayed gratification for long-term rewards					
B-SMS 5. Perseverance to achieve long- and short-term goals					
B-SMS 6. Ability to identify and overcome barriers					
B-SMS 7. Effective coping skills					
B-SMS 8. Balance of school, home and community activities					
B-SMS 9. Personal safety skills					
B-SMS 10. Ability to manage transitions and adapt to change					
<b>Social Skills</b>	<b>Activity</b>	<b>Participants</b>	<b>LG</b>	<b>Class</b>	<b>SG</b>
B-SS 1. Effective oral and written communication skills and listening skills					
B-SS 2. Positive, respectful and supportive relationships with students who are similar to and different from them					
B-SS 3. Positive relationships with adults to support success					
B-SS 4. Empathy					
B-SS 5. Ethical decision-making and social responsibility					



B-SS 6. Effective collaboration and cooperation skills					
B-SS 7. Leadership and teamwork skills to work effectively in diverse groups					
B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary					
B-SS 9. Social maturity and behaviors appropriate to the situation and environment					
B-SS 10. Cultural awareness, sensitivity and responsiveness					

