



GUIDANCE FOR PREVENTING CYBER-BULLYING

➤ PARENTS, STUDENTS, AND SCHOOLS

In times of increased internet use, it is highly encouraged to be mindful of our students' internet activities. Please utilize the resources below regarding how to properly identify and address cyberbullying incidents. If you have any questions and/or comments, please contact the OSDE Bullying Prevention Specialist.

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ADDRESSING AND REPORTING BULLYING INCIDENTS

- Do not respond or share cyberbullying messages and/or posts
- Keep evidence of cyberbullying incidents, i.e screenshots of messages and posts
- Report immediately to appropriate school district personnel and/or local authorities

FOLLOW UP AND INTERVENTION

For follow-up and effective intervention purposes; students, parents and schools are encouraged to follow these steps in reporting bullying incidents. Parents should report any incidents of violence, harassment and other crimes to their local law enforcement agency.

- Obtain a copy of school's anti-bullying policy (usually available on the school's websites)
- Always fill out an incident report
- Immediately inform the school's bullying prevention coordinator or counselor
- Inform the site principal
- Contact the OSDE Bullying Prevention Specialist if needed

HELPFUL LINKS ON PREVENTING CYBER-BULLYING

- Pacer's National Bullying Prevention Center, [Cyberbullying- Definition, Characteristics, Effects](#)
- U.S. Department of Health and Human Services, [Ways to prevent cyber-bullying](#)
- Connect Safely, [Tips for staying connected safely,](#)
- Kidpower, [Actions to Prevent Cyberbullying,](#)
- CDC Online Bullying Prevention Training, [Bullying Prevention Training Course](#)
- Oklahoma State Department of Health, [Bullying Prevention Guideline](#)