Name:	Date:		
Do you know how to?	No	Some	Yes
	0	<b>v</b>	+
Banking/Finances			
Open a checking account			
Save money in a saving account			
Make a large purchase with a bank loan			
Use a debit card			
Use a credit card			
Start an emergency fund			
Understand investments			
Check credit score			
Create a budget			
Pay a bill			
Turn on water/gas/cable to your home/apartment			
Proper tipping at a restaurant/hotel/airport			
Pay taxes			
Create a Will			
Create a file for important personal documents			
Know what to do if purse/wallet stolen			
Know your social security number			
Know where your birth certificate is			
Employment			
Apply for a job			
Fill out a form			
Create a resume			
Send a professional email			
Dress for a job interview			
Tie a tie			
Shine your shoes/boots			
Participate in a job interview			
Call a business to ask questions			
Write a thank you note/email after an interview			
Fun Times			
Outdoor safety			
Set up a tent			
Start/put out a fire			
Water safety			

Lifeskills Checklist

Swim	
Volunteer somewhere	
Internet safety	
Buy a ticket to a movie/show Order/eat at a restaurant	
Get a passport	
Travel by plane/train	
Change a lightbulb Plunge a toilet	
Hang a picture	
Use a fire extinguisher	
Assemble furniture	
Vacuum and empty the canister Change air filters in air conditioner	
Test smoke alarm	
Unclog a drain	
Drip pipes in a freeze	
Make a bed	
Set a clock	
Basic household cleaning	
Use a Drill/Hammer/Screwdriver	
Climb a ladder	
Plant care	
Mow a lawn	
Kitchen Skills	
Knife Safety	
Food Safety	
Read a user's manual	
Plan a Meal	
Grocery shop	
Follow a recipe	
Prepare/Cook a meal	
Set the table	
Make coffee	
Plan a party	
Personal Life	
Relationships – Safe Dating, Etc.	

Lifeskills Checklist

Forward mail to new home	
Send mail from the Post office	
Handwrite a letter/card	
Write a thank you note	
Wash laundry	
Remove a stain	
Iron	
Mend a torn seam	
Sew a button	
Shower/shave/wash hair	
Put on make-up/cologne/perfume/deodorant	
Basic first aid	
Know where the hospital is	
Voter Registration and Voting	
Babysit	
How to apologize	
Scheduling	
Schedule/cancel a doctor/dentist appointment	
Plan for the future	
Schedule your time (job, homework, activities, etc.)	
Cope with stress	
Transportation	
Get a driver's license/Real ID	
Renew license/registration	
Get car insurance	
Fill a car with gas	
Check tire pressure	
Change a tire	
Check car oil or change car oil	
Jumpstart a car	
Wash and detail a car	
Take a car to be serviced	
Use a city bus/Public Transportation	
Navigate without a map	
Use Uber/Lyft Safely	