Learning about HIV

Access Information & HIV/AIDS Awareness







Action 1

Introduce the skill



Learning Objectives

Standard 3: Accessing Information

- 3.AC.5.1: Identify characteristics of valid health information, products, and services based on selfidentified need (e.g., reliable, appropriate, accurate, or trustworthy).
- 3.AC.8.1: Examine the validity of health information, products, and services.
- 3.AC.12.1: Examine the validity of health information, products, and services.

Introduction: Access Valid Information

Turn and Talk to a neighbor

 What does it mean to access valid and reliable information, products, and services?

Definition: Being able to access valid and reliable information, products, and services is the ability to evaluate and use sources of health-related information, health products, and health services services that you can trust.



To Trust or Not to Trust: Wikipedia Wir

WikipediA

The Free Encyclopedia

- If the example is trusted, you move your arms side to side.
- If the example is not trusted, march in your spot.



To Trust or Not to Trust: CDC



Health Topics Travelers' Health Outbreaks



- If the example is trusted, you move your arms side to side.
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To Trust or Not to Trust: Nike

- If the example is trusted, you move your arms side to side.
- If the example is not trusted, march in your spot.

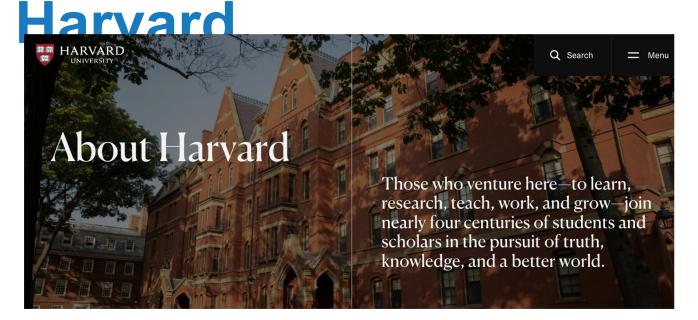




Nike ACG Hiking Gear



IO Irust or Not to Irust:



- If the example is trusted, you move your arms side to side.
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Types of Sources

You can find information everywhere on the internet. Resources can be associated with organizations.

- .gov stands for Government. If a website is related to the government, it has a .gov domain.
- .edu stands for Educational purpose. Most of the schools and colleges websites contain the .edu domain name.
- .org stands for Organization. If a website is related to any particular organization, then the .org domain is used.
- .com stands for Commercial. If a website is for commercial use, then the .com domain is used.





Include content



Content: HIV Awareness

- Read the HIV/AIDS Flyer from the Oklahoma State Department of Health (hardcopy or website).
- Complete Part 1 of the worksheet after reading the flyer.
- Discuss whole group: HIV prevention, diagnosis, treatment, and outbreak response.
- Access the flyer with the bitly or QR code.

http://bit.ly/44PhR19





Guiding Question: HIV Awareness



What are the benefits of examining HIV prevention, diagnosis, treatment, and outbreak response?





Action 3

Present the skill



Steps: Access Valid Information





Action 4

Model the skill



Model: Access Information



Teacher: Use the HIV/AIDS Flyer from the Oklahoma State Department of Health (hardcopy or website) to model the steps of the skill.



Step 1: Identify when you need help and information.

- What do you need to know?
- When would you need information?

- Do you know about HIV or AIDS?
- Do you need more information?



Step 2: Evaluate the Validity of Help and Information

Link to Criteria to Trusted Resources checklist.

- 1. Who is the author?
- 2. What type of site is it (e.g., .gov, .edu, etc.)
- 3. Is it fact or opinion?
- 4. Is it free of errors?
- 5. Is it current or realistic?
- 6. Does the information make sense?



Step 3: Locate Valid Help and Information

Link to RMC Resource

- Can I ask ask a health professional or a parent/guardian about this resource?
- Ask questions about the source, site, or where to find more information.



Step 4: Make a Plan to Access Valid Help and Information

Checklist for Reliable Sources

- Do I need internet to access this resource?
- Do I have internet?
- Is the resource free?
- Does it cost money?



Step 5: Reflect

- How did valid and reliable help and information enhance your health?
- How did invalid and/or unreliable help and information get in the way of living a healthy life?
- What barriers did you encounter accessing valid help and information?
- What actions did you take to access valid help and information? Were these the right actions for you?





Practice the skill



Real World Wellness

Directions:

- Work in groups of three.
- Complete Part 2 of the worksheet.
- Select one of the three resources on the next slide.
- Complete the evaluation of the resource with the attached criteria.
- Be prepared to share out about your group's resource to the whole group.



Select a Resource

Resource 1

Ending the HIV Epidemic



https://bit.ly/45Su6eM

Resource 2

HIV Prevention: Oklahoma



https://bit.ly/466HETn

Resource 3

Native American HIV Awareness



https://bit.ly/3LiVdXP





Feedback and Reflection



Review

■ What are the benefits of examining HIV prevention, diagnosis, treatments, and outbreak responses?





Exit Ticket

How would you help a friend access valid and reliable information about HIV?

