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**ADMINISTRATORS
CONFERENCE**

A Positive Start To The Learning Day

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Maslow's Basic Needs



Nutrition as an Academic Intervention

Oklahoma's claim in the Every Student Succeeds Act (ESSA) state plan:

Positioning access to healthy, nutritious food as an academic intervention has evidence-based support.

Why Use Alternate Method

- “New Age” of parenting
- Provides access to nutritious breakfast after school day begins
- Helps fuel bodies and minds to prepare for learning
- More participation means more funding

Types of Breakfast Service

- Traditional Breakfast
- Breakfast in the Classroom
- Breakfast after 1st Period
- Grab 'n' Go Breakfast
- Breakfast on the Bus



Stakeholder Buy-In: Why Is It Important?

- Local Board of Education – Importance of breakfast
- Administrators – Ensuring implementation at sites
- Teachers
 - Changes in teaching time
 - Learn to recognize complete meal
 - Obtaining accurate meal counts

Stakeholder Buy-In

- Parents and students – All changes are difficult at first
- Support Staff –
 - Food Service staff – added duties and schedules
 - Custodial staff – added duties and procedures
 - Possibly bus drivers – depending on type of implementation

Support is the Key to Success

- Presentation to the Local Board of Education on importance
- Involve stakeholders in all aspects of planning/implementation
- Be flexible – listen to suggestions



Logistics

- Implement first as a “pilot”
- Meet with each site's stakeholders as a group
- Make decision about chosen alternative

Logistics

Make a “game plan” and map it out

- Menu options?
- Storage of food?
- Transport of food within site?
- Picked up or delivered?
- Packaging of breakfast items?
- Additional equipment needs?
- Paper supplies and where to store/maintain?
- Tracking the meals?
- Clean up?

Next Steps

- Letters to parents

- What it is
- Availability
- Procedures



Staff Training

Teachers

- “What is a reimbursable meal?”
 - Informational posters for classrooms
 - Publicity - media
 - Completion of meal count sheets
 - Logistics of serving

Staff Training

Food service staff

- Meal preparation steps:
 - Written information if needed
 - Chosen delivery plan
 - Materials to return to food service staff and what is destroyed

Custodial staff

- Clean up if needed

Implementation and Results

Implementation:

- Stagger implementation one grade at a time
- Continue cafeteria service until complete implementation
- Learn as you go
- Keep it simple
- **Feeding hungry children is the goal!**

Results:

- Breakfast participation will increase
- Other sites will want the same alternative
- Fewer visits to the nurse
- Tardiness decreases
- Students will take ownership

Resources

- <https://www.fns.usda.gov/sbp/discover-school-breakfast-resource-materials>
- Talk with other schools operating an alternative method
- Print materials for use – handouts
- Call me!

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Nutrition as an Academic Intervention



Child Nutrition Facts:

- Missing meals impairs children's development and achievement
- Eating breakfast at school helps children perform better
- Students who eat breakfast at school have better attendance and exhibit fewer behavior problems
- One in Five children is obese