

# BENEFITS OF INDIVIDUAL CAREER ACADEMIC PLAN (ICAP)

## BENEFITS TO STUDENTS

- Engagement, motivation, and efficacy in their academic work
- Challenging coursework
- Relevance of coursework to career goals
- Improved communication skills
- Goal setting and planning skills
- Clarification of postsecondary and career options
- Develop personal interests, skills, and abilities
- Improved relationships with educational personnel

## BENEFITS FOR K-12 EDUCATORS

- Improved communication with students
- Reduced disciplinary problems
- Enhanced parental involvement
- Improved academic engagement with students
- Improved graduation rates

## BENEFITS TO POSTSECONDARY EDUCATORS

Entering postsecondary students:

- are more rigorously prepared,
- are less likely to need developmental coursework,
- have a better understanding of and engagement in pre-college activities,
- are more likely to have gained college credit while in high school.

*References:*

*Bloom & Kissane, 2011; Bullock & Wikeley, 1999; Hackmann, 2013; National Collaborative on Workforce and Disability, 2013; Phelps, et al., 2011; Solberg, Phelps, Haakenson, Durham, & Timmons, 2012; Wilkerson, 2010;*