



# Daily Schedule

Be Cooperative, Be Kind, Be Responsible

<b>Before 9:00</b>	Get Ready
<b>9:00-9:30</b>	Community Time
<b>9:30-10:30</b>	Work Time #1
<b>10:30-10:45</b>	Check-in/ Break
<b>10:45-11:30</b>	Creative Play
<b>11:30-12:00</b>	Chore Time
<b>12:00-12:30</b>	Lunch
<b>12:30-1:00</b>	Quiet Reading Time
<b>1:00-1:45</b>	Outside/Movement Time
<b>1:45-2:00</b>	Check-in/Break/Mindfulness
<b>2:00-3:00</b>	Work Time #2
<b>3:00-3:30</b>	Check-in/Reflection
<b>3:30 - 8:00</b>	Free Time and Family Time
<b>8:00 - Get ready for bed</b>	8:30 Bedtime
<b>9:30</b>	Bedtime - <u>if you followed the daily schedule and had limited complaints.</u>



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