



## ENHANCING EMOTIONAL VOCABULARY IN YOUNG CHILDREN

### ▶ **EARLY CHILDHOOD - PYRAMID MODEL**

#### QUICK CLASSROOM CONNECTIONS

Social and emotional learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

#### **STRONG EMOTIONAL LITERACY FOUNDATION**

Emotional literacy in very young children develops due to having respectful, caring, supportive relationships with adults. Building a robust emotional literacy foundation helps young children identify, understand, and express emotions in a healthy way; recognize, label, and understand feelings in oneself and others; tolerate frustration better; engage in less destructive behavior, and generally have more significant academic achievement.

#### **ENHANCING EMOTIONAL VOCABULARY RESEARCH & RESOURCES**

##### STAFF TRAINING RESOURCES

- ❑ [Article 2.6](#) - Social Emotional Teaching Strategies
- ❑ OSDE, [Pyramid Model Lesson 2.4 - Recorded Webinar](#)
- ❑ OSDE, [Pyramid Model Lesson 2.4 - PDF Presentation](#)
- ❑ [Book - All Learning Is Social and Emotional: Helping Students Develop Essential Skills for the Classroom and Beyond](#) By Nancy Frey, Douglas Fisher, Dominique Smith

##### CLASSROOM RESOURCES

- ❑ [Feeling Faces](#) (English-Spanish)
- ❑ “This is How I Feel Today” Check-in Chart
  - ❑ [English](#)
  - ❑ [Spanish](#)
- ❑ [Feelings Wheel](#) (English-Spanish)
- ❑ Social Stories & Songs
  - ❑ [Book List - UNL](#)
  - ❑ [Publisher’s Weekly SEL Booklist](#)
  - ❑ [Social Songs](#)

#### **FOR MORE INFORMATION OR FURTHER TRAINING**

- ❑ [Contact](#) your Regional School Climate Specialist
- ❑ Check out our [Pyramid Model - School Climate Website](#)