

# Related Services Updates

September 2017

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## 3-1 Model

As school is getting started and you're starting to plan your caseload, consider looking at the 3:1 Model. The 3:1 Model is a flexible scheduling option utilizing a workload approach in which three weeks out of the month are primarily designed for direct intervention and one

week set aside for indirect would include activities such as: meeting with teachers, parents, and others; developing materials, make up session, more intense classroom support, conducting assessments, completing documentation. Research

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week is set aside for indirect services. The model was created to help individualize service delivery based on the students needs while improving IDEA compliance through more effective collaboration and more efficient use of therapists' time and expertise. The three consecutive week of direct intervention would target: pullout, integrated, individual or small group. The one

indicates that this model provides more consistent services to students and increases collaboration time with teachers and parents. It also provides a higher quality of service to students and teaching staff as it allows for direct intervention and generalization of the skills without increasing costs.

## Welcome!

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My name is Tara Warwick and I am an occupational therapist. I have spent the last seventeen years practicing in a variety of settings, primarily in pediatrics.

I am the lead for this related services program sponsored by the Oklahoma State Department of Education. The contract was awarded at the end of June, 2017 and will focus on the following areas over the next year:

- Updating the OT/PT related services document
- Creating monthly newsletter updates
- Performing a needs assessment regarding related services across the state
- Creating professional development opportunities for providers and educators regarding related services.

For more information on  
implementing the 3:1 Model

of service delivery,  
Visit:

<http://www.asha.org/uploadedFiles/0914Handouts.pdf>.

## ***Upcoming Trainings & Resources***

### **Friday, September 29, Oklahoma Occupational Therapy Association – 2017 Annual Conference**

“Occupational Therapy Pioneers: Past, Present, and Future”

OKC – Cox Convention Center Ballroom

To register: <http://www.okota.org>

### **Wednesday & Thursday, October 4<sup>th</sup> and 5<sup>th</sup>, 2017, Oklahoma Autism Center**

“Supporting Children with Autism: A Training for Paraprofessionals”

To register: [www.autismcenterok.org](http://www.autismcenterok.org)

### **Thursday, October 12, Oklahoma Autism Center**

“Challenging Behavior in Schools: Part I”

To register: [www.autismcenterok.org](http://www.autismcenterok.org)

### **Friday, October 13, 2017, Oklahoma Autism Network**

“Autism and the Digital Age”

To register: Call 405-271-7476 or email [okautism@ouhsc.edu](mailto:okautism@ouhsc.edu)

**We highly value collaboration and look forward to getting your input over the next year. Stay tuned over the next few months to find ways you can get involved and provide input. If you have any questions or concerns regarding related services, know of any schools with related service position openings, and/or know of any related service providers looking for a position in the schools, you can email me directly at [twarwick@todaystherapysolutions.com](mailto:twarwick@todaystherapysolutions.com).**

**Thanks for your support!**

**Tara Warwick**