

Social Emotional Well-Being

QUALITY ASSESSMENTS and SCREENERS

Educator Resources

The National Center to Improve Social-Emotional Learning and School Safety (CISELSS) has worked collaboratively with the OSDE to provide guidance on quality assessment methods to gauge adult well-being and support needs for Fall 2020 Return to Learn. This document outlines resources that cover educator well-being assessment, school climate and self-assessments and examples of similar guidance from Illinois and Indiana state education agencies.

According to the Collaborative for Academic, Social and Emotional Learning (CASEL), "Social and Emotional Learning is the process through which children and adults acquire and effectively apply the knowledge, attitudes and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships and make responsible decisions."

EDUCATOR/ADULT WELL-BEING ASSESSMENT

- ❑ [School Mental Health Quality Guide: Mental Health Promotion Services and Supports \(Tier 1\)](#)
The Quality Guides contain background information on mental health promotion services, best practices, possible action steps, examples from the field and resources. The School Health Assessment and Performance Evaluation (SHAPE) System and p. 6, Assess Teacher and Staff Well-Being are recommended reading.
- ❑ [Lever, N., Mathis, E., & Mayworm, A. \(2017\). School Mental Health Is Not Just for Students: Why Teacher and School Staff Wellness Matters. Report on emotional & behavioral disorders in youth, 17 \(1\), 6-12.](#)
This research study demonstrates the importance of student and adult well-being.
- ❑ [Authentic Happiness Website at UPEN](#)
Learn about Positive Psychology through readings, videos, research, surveys, opportunities and more. Positive Psychology is the scientific study of the strengths that enable individuals and communities to thrive.
- ❑ [Teacher Subjective Well-Being Questionnaire](#)
The Teacher Subjective Well-Being Questionnaire is an 8-item self-report rating scale for measuring teachers' job-specific well-being. It's comprised of two subscales: (1) School Connectedness and (2) Teaching Efficacy.
- ❑ [Center for Great Teachers and Leaders Educator Resilience and Trauma-Informed Self-Care](#)
This handout includes a self-care self-assessment with key strategies for fostering resilience and a self-care planning tool to assist educators in identifying areas of strength and growth.
- ❑ [Assessing Well-Being in Schools: An Educator's Practical Guide to Measuring Well-Being](#)
This guide provides a foundational understanding of well-being in a school context and guidance for selecting a valid and reliable measure to assess the well-being of students, teachers and the cultural environment.
- ❑ Professional Quality of Life Scale: [Link #1](#)
Sample Quality of Life Scale schools can use to assess staff well-being.

Center to Improve Social and Emotional Learning and School Safety, WestEd (July 2020).

[Oklahoma State Department of Education Return to Learn](#)

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STATE EDUCATION AGENCY RESOURCES

- ❑ [Oklahoma State Department of Education - Return to Learn Needs Assessment Survey](#)
Districts and sites can give this editable survey to staff to gather data on staff needs prior to opening after an extended closure.
- ❑ [Wisconsin Department of Public Instruction – Staff Mental Health Perspectives, Competencies, Wellness](#)
Toolkits and learning modules are focused on staff mental health and wellness. School

members shift perspectives to understand students' social-emotional and mental health needs.

- ❑ [Indiana Department of Education – Social, Emotional and Behavioral Wellness](#)
This site includes resources – professional development videos, a roadmap for the return to school and more – on social emotional well-being.

REOPENING SURVEYS

- ❑ [Panorama Teacher Survey](#)
The Panorama Teacher Survey gives principals and school and district leaders a tool to collect feedback from teachers to spark and support productive conversations between teachers and school leaders.
- ❑ [Panorama Distance Learning Survey](#)
In the wake of coronavirus school closures, educators, parents and students are coping with a new reality of distance education and

online learning. As a leading provider of K-12 surveys, Panorama is offering a new set of surveys to help districts elevate student, family and teacher voices in today's new learning climate.

- ❑ [Example Staff Support Survey \(TNTP\)](#)
Survey questions are designed to help district and network leaders understand what everyone in the school or school system needs during the COVID-19 crisis.

SCHOOL CLIMATE/SELF ASSESSMENT

- ❑ [OK-Transform School Personnel Climate Survey](#)
An editable survey for faculty and staff assesses the current climate of a school site. For information on student climate surveys, please contact the OSDE Prevention Services office.
- ❑ [Leading Trauma-Sensitive Schools Action Guide – Self-Assessment Tools](#)
These tools provide school leadership with a roadmap and other resources for implementing a trauma-sensitive approach schoolwide, including recommendations for using various components of the Trauma-Sensitive Schools Training Package.
- ❑ [NASP Guidance for Measuring and Using School Climate Data](#)
This guidance defines school climate and illustrates the importance of a positive school climate on student outcomes. Information is also included on how to measure school climate for purposes of school improvement and accountability, as are additional resources to help with measuring and using school climate data.