

Let's talk about MASKS

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OUTLINE

COVID-19 Updates in Pediatrics

MASKS

ABC Science Collaborative Efforts



National Pediatric COVID-19 Summary (9/30/21)

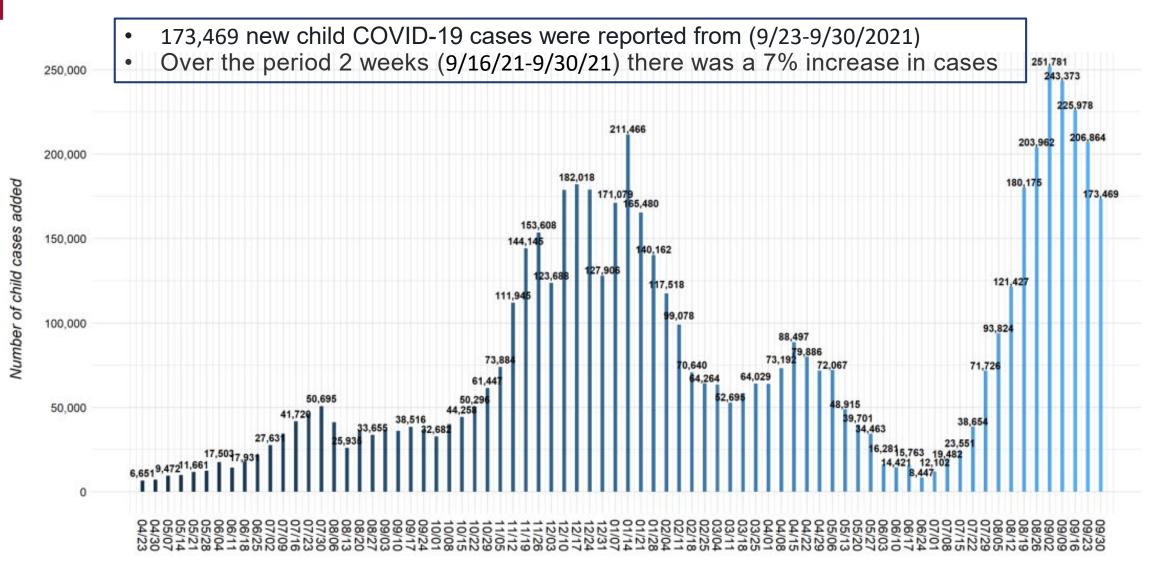
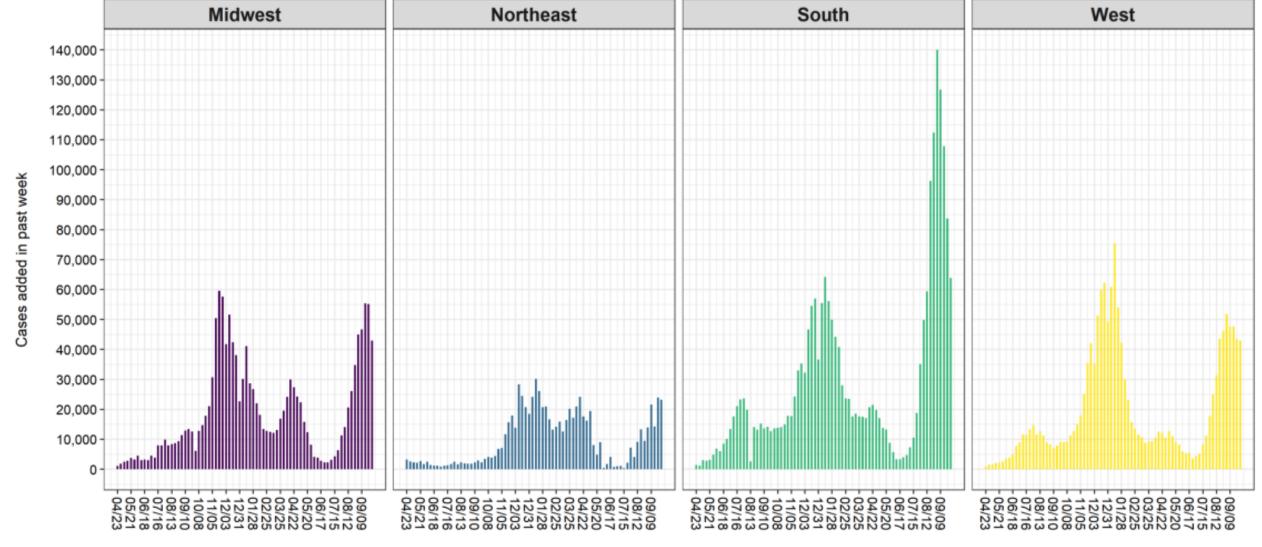








Fig 7. United States: Child COVID-19 Cases Added in Past Week, by Region*



Week ending in

TX reported age for only a small proportion of total cases each week (eg. 3-20%); TX cumulative cases through 8/26/21

As of 6/30/21, NE COVID-19 dashboard is no longer available; NE cumulative cases through 6/24/21

Due to available data and changes made to dashboard, AL cumulative cases through 7/29/21

Due to available data and calculations required to obtain MA child cases, weekly estimates fluctuate (eg. on 9/30/21, 5,070 cases were added). See detail in Appendix: Data from 49 states, NYC, DC, PR and GU

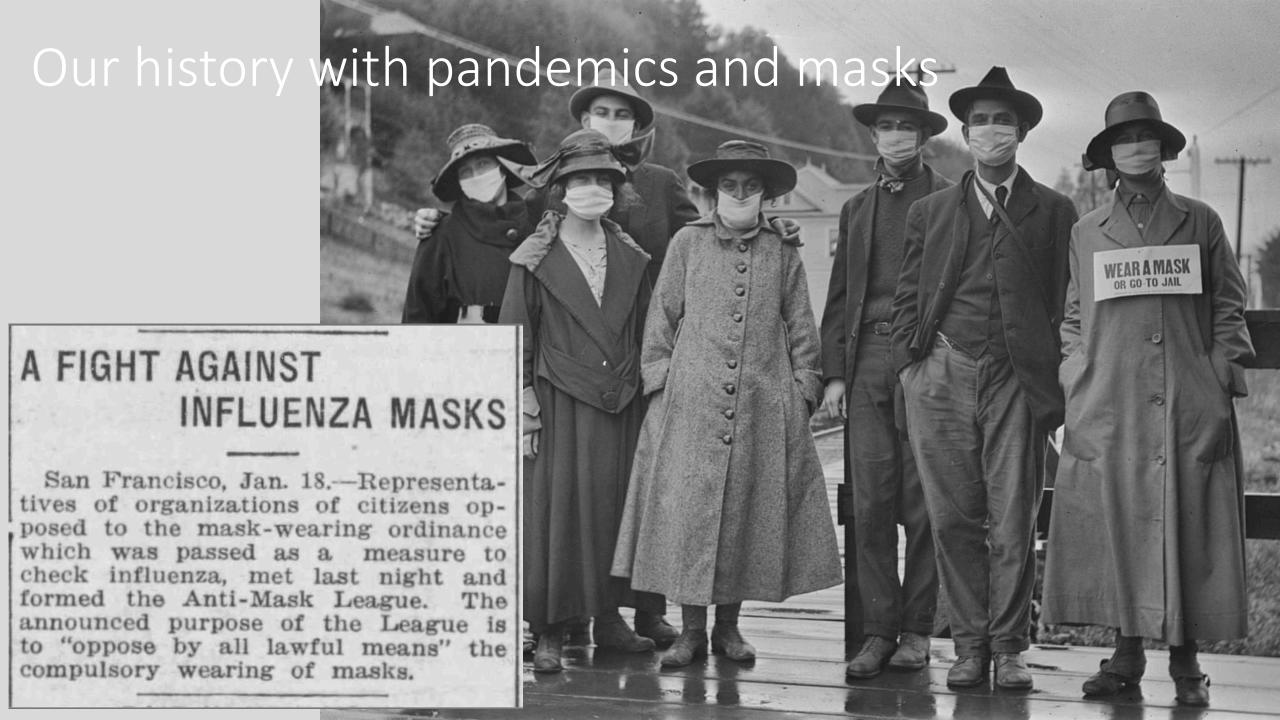


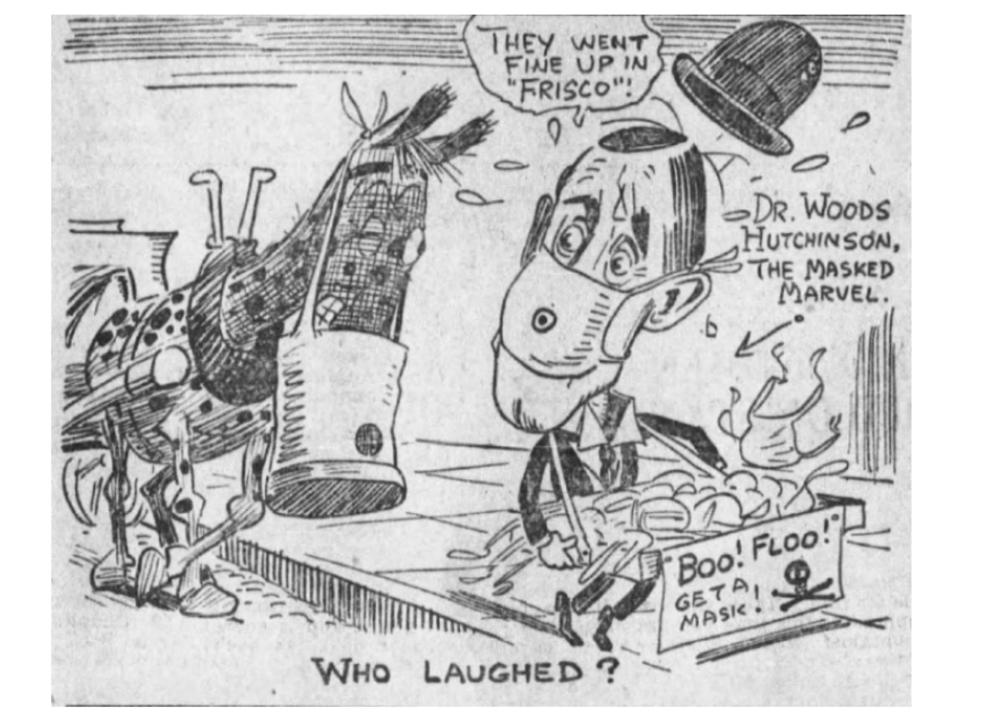
^{*} Note: Regions are the US Census Regions

⁵ states changed their definition of child cases: AL as of 8/13/20, HI as of 8/27/20, RI as of 9/10/20, MO as of 10/1/20, WV as of 8/12/21;

MASKS in School

CDC recommends that schools require universal indoor mask use for students, staff members, and others in kindergarten through grade 12 (K–12) school settings





Do masks requirements in school work?

- Mask efficacy
- Impact on cases
- Impact on school-related outbreaks

Infectious SARS-CoV-2 in Exhaled Aerosols and Efficacy of Masks During Early Mild Infection 3

Oluwasanmi O Adenaiye, M.B.B.S., M.S, Jianyu Lai, B.Med., M.P.H, P Jacob Bueno de Mesquita, Ph.D, Filbert Hong, Ph.D, Somayeh Youssefi, Ph.D, Jennifer German, Ph.D, S-H Sheldon Tai, Ph.D, Barbara Albert, M.D., M.P.H, Maria Schanz, B.A., B.S, Stuart Weston, Ph.D ... Show more

Clinical Infectious Diseases, ciab797, https://doi.org/10.1093/cid/ciab797

Published: 14 September 2021 Article history ▼



- Recruited 49 acute COVID-19 cases (seronegative) May 2020 through April 2021
 - blood, saliva, nasal and fomite (phone) swabs,
 - 30-minute breath samples while vocalizing with and without masks at up to two visits two days apart
- They sequenced viral RNA, cultured virus, and checked participants for antibodies to COVID-19
 - detected SARS-CoV-2 RNA in 45% of fine (≤5 μm), 31% of coarse (>5 μm) aerosols
 - 65% of fomite samples overall
 - found SARS-COV-2 RNA in all samples from four alpha-variant cases
- Results: Masks reduced viral RNA by 48% in fine aerosols; 77% in coarse aerosols
- The alpha variant was associated with a 43-fold increase in aerosol viral RNA, compared with earlier viruses

Impact on cases

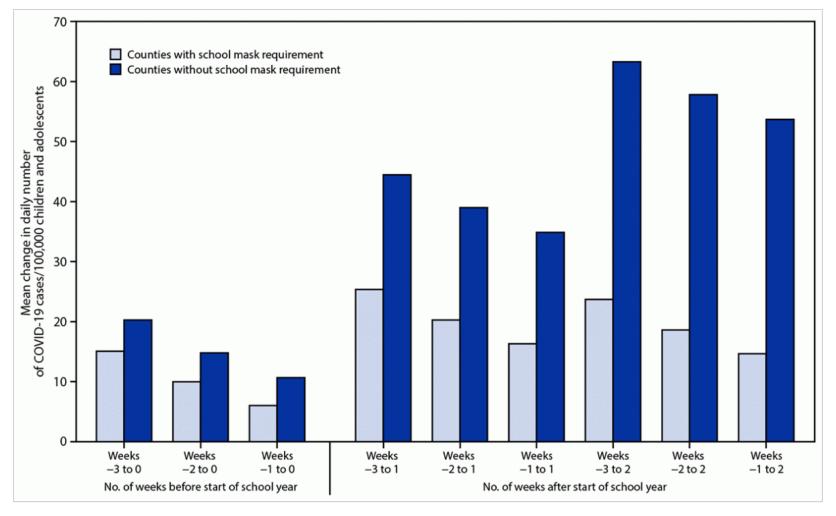
- Scientists compared pediatric county case rates in schools with and without mask requirements July 1- Sept 4, 2021.
 - Looked at all 3,142 U.S. counties
 - Inclusion criteria: schools had to have clear mask policies (all in masks or none required to mask), school was open for at least 3 weeks
 - Ultimately included 520 counties across the U.S.
- Results: Counties without school mask requirements experienced larger increases in pediatric COVID-19 case rates compared to counties that had school mask requirements
- Remained true even after controlling for confounders

Pediatric COVID-19 Cases in Counties With and Without School Mask Requirements — United States, July 1—September 4, 2021

Weekly / October 1, 2021 / 70(39);1377-1378

On September 24, 2021, this report was posted online as an MMWR Early Release.

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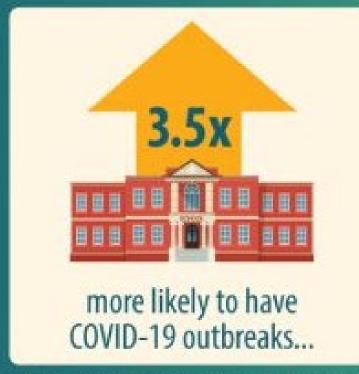


http://dx.doi.org/10.15585/mmwr.mm7039e3

Mask requirements in K-12 schools limited COVID-19 outbreaks

Schools without mask requirements were...





Compared with schools that started the year with mask requirements



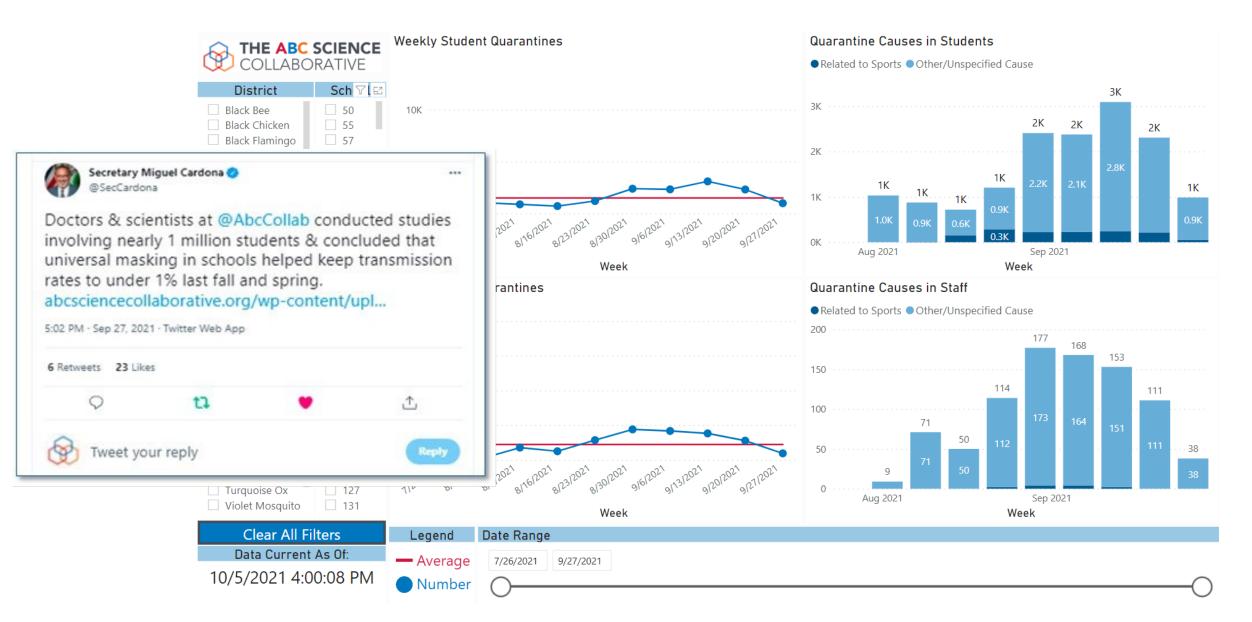
* K-12 public nuncharter schools in Markoga and Pima Counties. A2- July-August, 2021.



bit.ly/MMWR92421



In case you are interested...

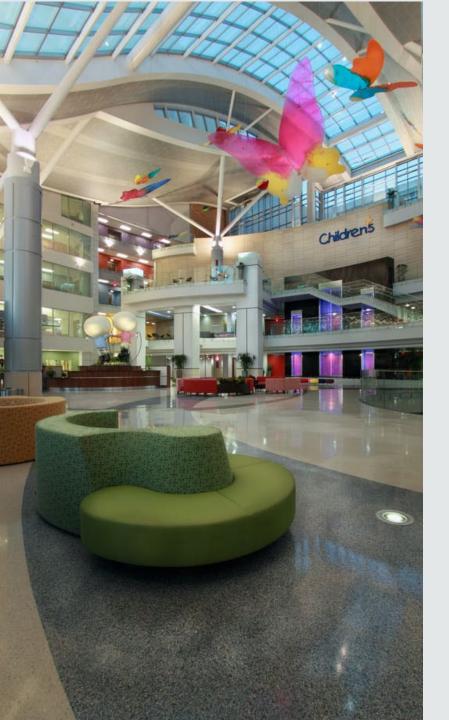


Bottom line

- Delta variant is 200 % more transmissible
- up to 1000x higher viral load per person
- one person can infect 6-10 people



Full in-person instruction is safe for all grades and schools, and on school buses, when masking is in place.



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