

Your Life Purpose

Your Mission

What is **your purpose in life**? That's a pretty big question, and your answer to that question will be unique and specific to you. Why is this answer unique to you? Well, because everyone has had unique experiences in life, and **everyone has unique talents, gifts, personality, and motivations**.

The answer to this question defines what you feel is **your purpose or mission in life**. In other words, it is your **personal mission statement**. Of course, you may think, "Why should I even worry about a mission statement? I'm enjoying life by just going with the flow." This may be true, but history has taught us one indisputable fact...the individuals who have had the **most success in life** have had a well-defined **sense of purpose**. As mentioned previously, this sense of purpose is what is captured in your personal mission statement.

Your personal mission statement **will** be unique in comparison to anyone else's, so let's examine a few questions that will help you recognize your life purpose and determine your personal mission statement.

Directions

The following questions and answers are meant to be private and confidential to you. By all means, ask your teacher for clarification on any questions, but please give some thought to your answers. By giving some thought to these answers, you will have a better grasp on your unique purpose and be better able to write a personal mission statement.

1) List five things that you love to do:

1. _____
2. _____
3. _____
4. _____
5. _____

2) List five talents and/or strengths that you possess. You don't have to be modest, just list the things that you feel you are good at. If you need some ideas, refer to the list on the page 10.

1. _____
2. _____
3. _____
4. _____
5. _____

- 3) Think of someone or something that has deeply inspired you. Describe what caused this person or experience to be so inspirational to you:

- 4) If a newspaper does a story on you ten years from now and interviews your close friends and family, what would you want them to say about you, your accomplishments, and your contributions to the community and the world?

- 5) At your 20-year high school reunion, what would you like to be able to say to someone who asks you what you've been doing with your life? What is significant about your life and the things that you do?

Your Personal Mission Statement

Having answered the previous questions, you are now ready to write your personal mission statement! To give you some guidance, here are some examples of other personal mission statements:

Example 1: My personal mission is to be known by my family and friends as someone who is compassionate, hard-working, and trustworthy.

Example 2: My purpose in life is to become a successful surgeon who spends her free time providing medical assistance to impoverished countries.

Example 3: I will live each day looking for opportunities to serve others at home, my work, and in the community.

Example 4: I will be a son of whom my parents are proud. I will be a friend on whom others can rely. I will be a husband who has the utmost trust of his wife. I will be a father who is actively involved in his family's life. I will be a globally conscious citizen who makes my world a better place.

Now it is your turn! Please write what you feel is your personal mission statement. This is totally confidential; however, feel free to ask your teacher for help if you get stuck. If you take this seriously, you will have a more defined idea of the direction your life is headed...good luck!

My Personal Mission Statement

Important Note

Refer back to this mission statement often as you will use it to guide the goals that you set for yourself later.

*Includes some ideas from *Seven Habits of Highly Effective Teens* by Sean Covey.