



## RESOURCE INVENTORY

### BULLYING/HARASSMENT

**NEW “And Words Can Hurt Forever” – Book**

How to protect adolescents from bullying, harassment and emotional violence  
By James Garbarino, Ph.D and Ellen deLara, Ph.D.

**“Broken Toy” – DVD**

This video combines a dramatic story line performed by actual school children and a powerful message that addresses the problem of bullying directly to children. “Broken Toy” is a shattering program that will move and educate children like nothing they’ve ever experienced.

30 minutes

*Grades 4 and up*

**“Bullied: A Student, a School, and a Case that Made History” – DVD**

This video is a documentary film that chronicles one student’s torment at the hands of anti-gay bullies and offers an inspiring message of hope to those fighting harassment today. The package contains a two-part viewer’s guide with standard-aligned lesson plans and activities for use in staff development.

*Middle school and high school students, parents, and staff*

**NEW “Bullying in the Girl’s World” – Book**

A school-wide approach to girl bullying for grades 3-8  
By Diane Senn, Ed. S. NBCT

**NEW “The Bullying Prevention Handbook” – Book**

A guide for principals, teacher, and counselors  
By John H. Hoover and Ronald Oliver

**NEW “Bullying Prevention for Schools” – Book**

A step-by-step guide to implementing a successful anti-bullying program  
By Allan L. Beane, Ph.D.

**NEW “Bully-Proofing Your School – Program Implementation Guidebook” – Book**

Bully-proofing for high schools  
By Jill McDonald and Sally Stoker

## **BULLYING/HARASSMENT (cont.)**

### **NEW “Bully-Proofing Your School – Student Curriculum” – Book**

Bully-proofing for high schools

By Jill McDonald and Sally Stoker

### **NEW “Bully-Proofing Your School – Strategies and Interventions” – Book**

Bully-proofing for high schools

By Jill McDonald and Sally Stoker

### **NEW “Bully-Proofing Your School – Teacher’s Manual Lesson Plans for Elementary Schools” – Book**

Bully-proofing for elementary schools

By Carla Garrity, Ph.D. et al

### **NEW “Bullying in Schools” – Book**

Problem-oriented guides for police and problem-specific guides No. 12

By Rana Sampson

### **NEW “Bullying at School” – Book**

Understanding children’s worlds

By Dan Olweus

### **NEW “Bullying Beyond the Schoolyard” – Book**

Preventing and responding to Cyberbullying

By Sameer Hinduja and Justin W. Patchin

### **“Bullying 101: Basic Tools to Stop Middle School Bullying” – DVD**

It is a behavior that does not stop at the grade school playground. Bullying can make kids feel ashamed and alienated especially in middle school, a time when students want to leave remnants of childhood behind. This video shows that, yes, bullying does happen in middle school and, no, it is never acceptable behavior.

*10 minutes*

*Middle school students*

### **“Bullying and How to Handle It” – DVD**

The kids in this video tell it like it is about bullies in their own words: “They make me scared.” “They make me mad.” “They make me not like school.” Viewers will watch situations that drive home the message that no one deserves to be a victim of a bully, and everyone has the power to respond to bullying in positive, nonviolent ways.

*12 minutes*

*Elementary students*

## **BULLYING/HARASSMENT (cont.)**

### **NEW “Bullying Prevention & Intervention for School Staff” – Curriculum**

A presentation kit for school staff.

### **“Bullying: True Stories” – DVD**

Four young people tell their true stories about bullying. Includes discussion guide.

20 minutes

*Grades 5-12, staff, and parents*

### **“... but names will never hurt me” – DVD**

This inspiring story teaches students how to view others with kindness and show the importance of respect for another person’s feelings.

22 minutes

*Elementary students*

### **NEW “Controlling New Age Bullying in Schools” – DVD**

### **NEW “Cyberbullying Prevention and Response” – Book**

Expert perspectives

By Sameer Hinduja and Justin W. Patchin

### **NEW “EJ and the Bully Vote for Class President” – Book**

Auto-B-Good series – a lesson in respect

### **NEW “Eliminating Bullying” – Book**

For grades Pre-k through third

By Sandy Ragona, M.S.Ed. and Kerri Pentel, M.A.

### **NEW “Fine Lines: Peers Influence Peers” – DVD**

### **“Higher Stakes: Consequences of School Harassment” – DVD**

This video features high school students speaking candidly about their experiences with harassment—instigator, target, or bystander. Their observations are sure to hit home with students, ensuring discussion afterwards following the teacher’s guide.

14 minutes

*High school students*

### **NEW “How You Can Be Bully Free” – Curriculum**

For students in grades 4-8

By Allan L. Beane, Ph.D.

## **BULLYING/HARASSMENT (cont.)**

### **“INBOX” – DVD**

Combining a strong and dramatic story line, performed realistically by actual middle school students, “INBOX” is a powerful tool that addresses the current trend of cyberbullying; the use of electronics to harass and bully someone. The story line also depicts relational aggression and abduction. “INBOX” is strong in nature and will have the students really thinking “this could have been someone I know.”

*25 minutes*

*Middle school students*

### **“It’s Not Okay to Bully” – DVD**

“It’s Not OK to Bully” explains bullying and teaches children how to prevent bullying behaviors, including knowing when to stand up for yourself and when it is best to tell an adult. The video mixes real children and animation with an original, easy-to-sing song.

*15 minutes*

*Pre-K – 3 grade students*

### **“Joey” – DVD**

“Joey” is a profound and powerful statement on the bullying problem and the consequences this behavior has on all involved, including the victim, the victim’s family, the bullies, and the bystanders. “Joey” is a film that will challenge and move young and old alike.

*27 minutes*

*Grades 5 and up*

### **NEW “Measuring Bullying, Victimization, Perpetration, and Bystander Experiences” – Book**

A compendium of assessment tools

By Center for Disease Control Division of Violence Prevention

### **NEW “Mom, They’re Teasing Me” – Book**

Helping your child solve social problems

By Michael Thompson, Ph.D.

### **NEW “Nobody Likes Me, Everybody Hates Me” – Book**

The top 25 friendship problems and how to solve them

By Michele Borba, Ed.D.

### **NEW “Protect Youth Child from Bullying” – Book**

Expert advice to help you recognize, prevent, and stop bullying before your child gets hurt

By Allan L. Beane, Ph.D.

### **NEW “Queen Bees & Wannabes” – Book**

Helping your daughter survive cliques, gossip, boyfriends, and other realities of adolescence

By Rosalind Wiseman

## **BULLYING/HARASSMENT (cont.)**

### **NEW “Responding to Cyberbullying” – Book**

An action tool for school leaders

By Jill Joline Myers, Donna S. McCaw and Leanda S. Hemphill

### **NEW “Rhinos and Raspberries” – Book**

Tolerance tales for the early grades

### **NEW “Salvaging Sisterhood” – Book**

A small group counseling and classroom curriculum for relationally aggressive girls grades 5-12

By Julia V. Taylor, M.A.

### **“Scars” – DVD**

This video is a powerful and uplifting story about a bully who had to become a victim in order to understand the pain of bullied and tormented children.

*40 minutes*

### **NEW “Starting Small” – Book**

Teaching tolerance in preschool and early grades

By Teaching Tolerance Project

### **“Starting Small” – DVD**

The vision of community that the early childhood classroom provides can color children's expectations about equity, cooperation and citizenship for a lifetime. This training kit for early childhood educators profiles seven innovative classrooms in which teachers are helping children practice fairness, respect and tolerance.

*58 minutes*

*Staff*

### **NEW “Stop Bullying Now” – Curriculum**

A resource kit

By Vicki Crocker Flerx, Ph.D. et al

### **“Stop Bullying Now!” – DVD**

This is a DVD containing a series of 12 animated episodes depicting a group of characters at a school who experience bullying first-hand and what they do to help resolve the situation. Public service announcements are also included for commercial and radio announcements to promote the campaign in school.

*Elementary school students*

## **BULLYING/HARASSMENT (cont.)**

### **“Tears on the Highway: Bullying on the School Bus” – DVD**

This film is about school bus bullying that goes terribly wrong, resulting in lives both lost and forever changed. It is a powerful, thought-provoking and heartbreaking film about how bullying can change and affect the lives of victims, the bystanders, and the bullies themselves.

*20 minutes*

*Elementary and middle school students*

## **MENTAL HEALTH, GRIEF & SUICIDE PREVENTION**

### **NEW “Death in the School Community” – Book**

A handbook for counselors, teachers, and administrators

By Martha D. Oates, Ed.D.

### **“GASP – Games Adolescents Shouldn’t Play – Choking Game Awareness Kit” – DVD**

This video begins with high-achieving teens choking each other as a way to get high without the risk of getting caught with drugs or alcohol. It ends with thousands dying or suffering permanent brain damage each year. Included you will find the presentation, digital educational materials, and a booklet for parents and teachers.

*15 minutes*

*Middle and high school students, parents, and staff*

### **NEW “Groups” – Book**

A manual for chemical dependency and psychiatric treatment

By John Olesen, Joanne Fallon, and Louise Mark

### **NEW “Help for the Hard Times” – Book**

Getting through loss for adolescents

By Earl Hipp

### **NEW “I Wasn’t Ready to Say Goodbye” – Book**

Surviving, coping and healing after the sudden death of a loved one

By Brook Noel and Pamela D. Blair, Ph.D.

### **“Lifelines: A Suicide Prevention Program” – Curriculum**

This video is a comprehensive suicide prevention curriculum from Hazelden that includes a program guide, a CD-ROM with reproducible handouts and two DVDs. Students participate in role-playing exercises that teach them what to do when faced with a suicidal peer. This compelling program is an ideal component to your school's prevention programming.

*Middle and high school students*

## MENTAL HEALTH, GRIEF & SUICIDE PREVENTION (cont.)

### **“Lifelines: Intervention” – Curriculum**

This program provides information on how to prepare your school community to address and respond to threats or signs of suicide and intervene before it's too late. The manual provides guidance on how to perform an assessment interview with a student suspected to be at risk for suicide, including how to gather collateral information about the student, how to involve parents and guardians in the intervention, and how to make a referral to an outside community resources.  
*Staff*

### **“Lifelines: Postvention” – Curriculum**

This program educates everyone in the school community on how to address and respond to a suicide or other traumatic death that affects the school population. This resource outlines a response strategy that reflects the challenges schools face in dealing with death. Also included are references and support material that allow school leaders to recognize and reduce the risk of suicide contagion behavior.  
*Staff and parents*

### **NEW “Preventing Suicide” – Book**

A toolkit for high schools  
By SAMHSA

### **NEW “Skills for Psychological Recovery” – Book**

Field operations guide  
By SAMHSA

## MILITARY FAMILIES

### **“Military Youth Coping with Separation: When Family Members Deploy” – DVD**

Interactive Military Youth Stress Management Plan and Facilitator's Guide  
This video was developed by military pediatricians and adolescent medicine specialists to help military youth understand that they are not alone as they experience family separation.  
*Middle school students and up*

### **“Mr. Poe and Friends: Discuss Family Reunion after Deployment” – DVD**

This video helps families deal with deployment and separation stress in healthy, positive ways. Written and performed by children and their parents who have experienced deployment, it presents common scenarios that most families face.  
*30 minutes*  
*Elementary and middle school students*

## MILITARY FAMILIES (cont.)

### **“Talk, Listen, Connect – Deployment, Homecoming, Changes” – DVD**

These videos will discuss how to help children cope with pre-deployments, deployments, adjusting and staying connected, how to make reunions go as smoothly as possible. It includes ideas on how to deal with multiple deployments and homecomings, and how to help families stay connected and hopeful as they establish a “new normal.”

*Elementary students*

## OTHER

### **NEW “The Answer is in the Room” – Book**

How effective schools scale up student success

By Alan M. Blankstein

### **NEW “Are You Ready?” – Book**

A guide to citizen preparedness

By FEMA

### **NEW “Bringing Words to Life: Robust Vocabulary Instruction” – Book**

By Isabel L. Beck, Margaret G. McKeown, and Linda Kucan

### **“The Children's March” – DVD**

This video tells the story of how the young people of Birmingham, Alabama, braved fire hoses and police dogs in 1963 and brought segregation to its knees. Their heroism complements discussions about the ability of today's young people to be catalysts for positive social change. Includes a teacher's guide with lesson plans for classrooms.

*40 minutes*

*Staff*

### **“The Dark Side of the Sun” – DVD**

As a sophomore in college, Mollie discovered mole on her thigh. In the following six months, she underwent surgery, chemotherapy and radiation. The Mollie Biggane Melanoma Foundation was created in her memory after her tragic death at the age of twenty. The video's mission is to increase awareness for melanoma prevention, provide information and services on skin cancer detection, and support melanoma patients through education of the latest treatments.

### **NEW “Definition of a Hero – NOVA Volunteers Respond to 9-11” – Book**

## **OTHER (cont.)**

### **NEW “Fateful Choices” – Book**

Healthy youth for the 21<sup>st</sup> century

By Fred M. Hechinger

### **NEW “Health is Academic” – Book**

A guide to coordinated school health programs

Edited By Eva Marx and Susan Frelick Wooley

### **“Internet Safety for Kids” – DVD**

In this video, students will take a journey into the world of the Internet. They will discover five keys to staying safe online through a hip fast-paced style and age appropriate information.

*13 minutes*

*Upper elementary school students*

### **NEW “Kids on Screen” – Book**

Is it good or is it bad?

By Neeti Kobli

### **NEW “The Mutt-i-grees Curriculum: Calm, Confident and Caring Kids” – Curriculum**

Using a therapy dog to achieve positive social/emotional learning.

*Pre-K through 8<sup>th</sup> Grade*

### **NEW “One Survivor Remembers” – Book**

A teaching tolerance kit for grades 8-12

### **NEW “Parents and Teens and Boundaries” – Book**

How to draw the line

By Jane Bluestein, Ph.D.

### **“Peaceful School Bus” – Curriculum**

This curriculum includes a DVD and CD-ROM for reproducible handouts and templates. The DVD provides an overview of the program components as well as an opportunity to see the program in action. This is a useful tool in educating key stakeholders including school staff, bus drivers, and parents about the program.

*10 minutes*

*Students, parents, and staff*

## **OTHER (cont.)**

### **“Rainbow Valley Fire Department Educational Series” – DVD**

This series is a comprehensive public fire safety education DVD curriculum that teaches critical life safety skills delivered in a fun, non-threatening, and memorable way. The videos combine fresh, colorful, cutting edge 3-D animation with live action video along with songs and games to help teach basic fire and burn prevention. A facilitator’s guide is included. A separate check-out form is needed for each video, or you can check out the set by denoting it is the set you want.

*10 minutes each*

*Elementary school students*

- “The Fire Station”
- “Fire Equipment”
- “Fire Trucks”
- “What Causes Fires?”
- “Home Fire Safety Tools”
- “Home Fire Escape Plan”
- “Fire in Your House #1”
- “Fire in Your House #2”
- “Stop, Drop, and Roll”

### **NEW “Reclaiming Our Prodigal Sons and Daughters” – Book**

A practical approach for connecting with youth in conflict

By Scott Larson and Larry Brendtro

### **NEW “Safety in Numbers” – Book**

Collecting and using crime, violence and discipline data to make a difference in schools

By National Forum on Education Statistics

### **“Spread the Word: The Net Cetera Community Outreach Guide” – DVD**

The Net Cetera Community Outreach Guide is a project that provides practical tips from the federal government and the technology community to help convey key points about protecting kids online. It includes a guide for parents, information for kids, slides and videos to use in a presentation and ideas to help you spread the word about online safety. There are four short videos for kids included.

*Staff and parents*

*14 minutes*

*Middle and high school students*

### **NEW “Teen Action Toolkit” – Curriculum**

Building a youth-led response to teen victimization

By National Center for Victims of Crime

### **NEW “Understanding Evaluation: The Way to Better Prevention Programs” – Book**

By Lana D. Muraskin

## SOCIAL/EMOTIONAL LEARNING

### **“Adventures with Travis and Presley” – DVD**

Follow along with Travis and his dog Presley as they travel in the magic doghouse and meet new friends who help Presley learn about the importance of having good manners. These are video DVDs that are part of the Good Manners Series curriculum. Curriculum is not available. A separate check-out form is needed for each video, or you can check out the set by denoting it is the set you want.

*Pre-K through third grade students*

- “It’s Okay to Be Different”
- “Respecting Others”
- “Be Polite”
- “Share and Take Turns”
- “Good Teamwork”
- “Good Table Manners”
- “Please and Thank You”
- “How to Deal with a Bully”

### **“Auto B Good” – DVD**

Auto-B-Good is a character development series featuring nine animated vehicles, each with his or her own unique personality. These stories will captivate, entertain and educate students featuring the various character traits with turbo-charged, fast paced episodes.

*30 minutes*

*Elementary school students*

- Responsibility, Respect, Dependability
- Truthfulness, Honesty, Kindness

### **NEW “Best Behavior” – Book**

Building positive behavior support in schools  
By Jeffrey Sprague and Annemieke Golly

### **NEW “But I’m Almost 13” – Book**

An action plan for raising a responsible adolescent  
By Kenneth R. Ginsburg, M.D., M.S.Ed.

### **NEW “Class Meetings that Matter” – Book**

A year’s worth of resources for grades 6-8  
By Vicki Crocker Flerx, Ph.D. et al

### **NEW “Class Meetings that Matter” – Book**

A year’s worth of resources for grades K-5  
By Vicki Crocker Flerx, Ph.D. et al

## **SOCIAL/EMOTIONAL LEARNING (cont.)**

### **NEW “Creating Safe Schools” – Curriculum**

A resource collection for planning and action

By U.S. Department of Education Safe and Drug-Free Schools Program

### **NEW “Discipline with Dignity” – Book**

By Richard L. Curwin and Allen N. Mendler

### **NEW “Feed Your Head: Some Excellent Stuff on Being You” – Book**

By Earl Hipp

### **NEW “The Great Little Book of Power Questions” – Book**

The tiny book with the big bullying answer

By Denise Berard, Ph.D.

### **NEW “Human Relations Media” – Curriculum & DVD**

- Bully Bystanders: You Can Make a Difference
- Open Arms? Open Eyes! Power, Control and Abuse in Teen Relationships
- Dealing with Teen Dating Abuse: Matters of Choice

### **NEW “Life Skills Training” – Curriculum**

- Promoting Health and Personal Development
- Level One: Grades 3 & 4
- Level Two: Grades 4 & 5

### **NEW “Life Skills Activities for Special Children” – Book**

Over 150 ready-to-use lessons with reproducible worksheets to help children develop the basic necessary skills to experience independence and success in everyday life

By Darlene Mannix

### **NEW “The Prepare Curriculum” – Book**

Teaching prosocial competencies

By Arnold Goldstein

### **NEW “Preventing and Solving Discipline problems” – Book**

The educator’s guide

By Mark Boynton and Christine Boynton

### **NEW “Safe, Supportive and Successful Schools” – Book**

Step by step

By David Osher, Kevin Dwyer and Stephanie Jackson

## **SOCIAL/EMOTIONAL LEARNING (cont.)**

### **NEW “Skills for Adolescents” – Curriculum**

- Entering the Teen Years: The Journey of Adolescence
- Building Self Confidence and Communication Skills
- Service Learning
- Managing Emotions in Positive Ways
- Improving Peer Relationships
- Strengthening Family Relationships
- Making Healthy Choices Year 1
- Setting Goals for Healthy Living
- Summing Up: Developing Your Potential
- Program Guide
- Changes and Challenges
- Drug Information Guide
- Making Healthy Choice Year 2
- Making Healthy Choices Year 3
- Supporting Young Adolescents: Guide to Leading Parent Meetings
- The Surprising Years: Understanding Your Changing Adolescents

### **NEW “Social Skills Activities for Secondary Students with Special Needs” – Book**

200 ready-to-use lessons and worksheets to help students learn social skills for home, school, work, and the community

By Darlene Mannix

### **NEW “The Teacher’s Survival Guide” – Book**

Real classroom dilemmas and practical solutions

By Marc R. Major

### **NEW “Transforming School Climate and Learning” – Book**

Beyond Bullying and Compliance

By Bill Preble and Rick Gordon

## **SUBSTANCE ABUSE**

### **NEW “Addiction-Proof Your Child” – Book**

A realistic approach to preventing drug, alcohol, and other dependencies

By Stanton Peele, Ph.D., J.D.

### **NEW “Alcohol True Stories” – Curriculum**

## **SUBSTANCE ABUSE (cont.)**

### **“Crystal Darkness” – DVD**

Almost all Oklahoma TV stations aired this life-changing program about meth. This fully customized version focusing on the people of Oklahoma features the stories of local youth with input by recovery experts, law enforcement, and community leaders.

*30 minutes*

*High school students, parents, and staff*

### **“Drugged Driving: The Hidden Dangers: – DVD**

During this hour-long webcast by the Multijurisdictional Counterdrug Task, participants will learn how big the problem really is and why it's so difficult to do more to solve it. See how one group that promotes highway safety started a public awareness campaign to spread the word about the dangers of drugged driving. Find out why it can be difficult to prove impairment.

*1 hour*

*Staff*

### **NEW “The Effects of Abusing Prescription Drugs” – Curriculum**

### **NEW “How to Raise a Drug-Free Kid” – Book**

The straight dope for parents: what kids don't reveal and what parents need to know

By Joseph A. Califano, Jr.

### **“I Can't Breathe” – DVD**

This video, coupled with a moderator's guide, is designed to help lead classroom discussions with students about the consequences of cigarette smoking.

*20 minutes*

*Middle school students 10*

### **“Meth Inside Out: Brain and Behavior” – DVD**

This video equips viewers with an understanding of how meth changes the brain and behaviors with 3-D animations, accessible explanations, and personal accounts. Users learn how to better cope with the stages of meth addiction and recovery by gaining an understanding of the biological underpinnings of the high, tolerance, craving, paranoia, aggression, and healing.

*34 minutes*

*Staff*

### **“Meth Inside Out: Human Impact” – DVD**

This video provides an eye-opening introduction to the impact that meth has on individuals, families, and communities across the globe. It focuses on the magnitude and consequences of use, including physical and mental health problems, job loss, violence, incarceration, and effects on children.

*34 minutes*

*Staff*

## **SUBSTANCE ABUSE (cont.)**

### **“Meth Inside Out: Windows to Recovery” – DVD**

This episode empowers the viewer by providing actionable information and concrete tools for recovery, including creating structure, participating in sober activities, avoiding high-risk situations, and coping with craving. “Windows to Recovery” reveals that treatment is not a quick fix, but a set of activities leading to long-term changes in lifestyle, thinking, and behavior.

*42 minutes*

*Staff*

### **“National Institute on Drug Abuse Teaching Packet” – CD-ROM**

This packet consists of 5 prepared PowerPoint presentations with teaching notes in the areas of:

- “The Brain and the Actions of Cocaine, Opiates, and Marijuana”
- “The Neurobiology of Drug Addiction”
- “Understanding Drug Abuse and Addiction: What Science Says”
- “The Neurobiology of Ecstasy”
- “Bringing the Power of Science to Bear on Drug Abuse and Addiction”

### **“PACT 360” – DVD**

This program is a law enforcement-led community prevention education system designed to deal with existing drug issues and rapidly respond to emerging drug threats. The goal is to help reduce illicit drug use and its accompanying criminal behavior thereby improving the safety and quality of life in the community. The focus of “Pact 360” is on methamphetamine, prescription, and over-the-counter drug abuse by teens. Includes guidelines, DVDs, and youth card game.

*Students, staff, and parents*

### **“Project TNT” – Curriculum**

This curriculum features the latest updates on the epidemiology of tobacco-related diseases, prevalence of smoking and other tobacco use among youth and risk factors related to tobacco use. Prevents teen tobacco use by changing preconceptions about tobacco and by teaching decision-making, refusal and communication skills.

*Middle school students*

### **NEW “Protecting You, Protecting Me” – Curriculum**

An alcohol use prevention Curriculum

- Grade 1
- Grade 2
- Grade 3
- Grade 4
- Grade 5

## **SUBSTANCE ABUSE (cont.)**

### **“Scene Smoking: Cigarettes, Cinema, and the Myth of Cool” – DVD**

This video is a documentary that brings together some of Hollywood's most powerful voices in a frank discussion of artists' rights, social responsibility, and the First Amendment.

*60 minutes*

*High school students*

### **“Smoke Screeners” – DVD**

This video is an educational program that helps teach media literacy skills to young people. This program improves their ability to critically analyze the message they receive about tobacco use in movies and television.

*14 minutes*

*Middle and high school students*

### **NEW “Street Drugs: A Drug ID Guide” – Book**

#### **“The Blunt Truth: Communities Dealing with Marijuana” – DVD**

During this hour-long webcast by the Multijurisdictional Counterdrug Task Force Training and CADCA, participants will hear how coalitions are getting their prevention message out as laws and attitudes change. Learn the best ways to educate the public about marijuana's harmful effects on the developing brain. Find out how coalitions are working with local and state governments on legislation and ordinances.

*1 hour*

*Staff*

#### **“The Road to Nowhere” – DVD**

This video depicts the consequences of the misuse of prescription drugs. This video is by the Oklahoma Pharmacy Educational Foundation. Questions for class discussion, video talking points, and resources are included.

*14 minutes*

*Middle school students and up 12*

#### **“The High is a Lie” – DVD**

The video teaches the effects of methamphetamine on the human brain. It includes current research, brain scans and diagrams that illustrate how methamphetamine injures brain structures, causing personality changes and damaged relationships.

*36 minutes*

*Classroom Version and Adult Version*

## SUBSTANCE ABUSE (cont.)

### **“This Place” – DVD**

This is a powerful movie that challenges viewers to recognize the many ways our society allows and even encourages children to drink alcohol. Perhaps most important, it demonstrates the power of ordinary citizens to take meaningful action that will change the culture of drinking in their communities.

*16 minutes*

*Staff*

### **NEW “Treating Tobacco Use and Dependence” – Book**

Clinical practice guide

By U.S. Department of Health and Human Services

### **“Twelve – Is there life after rehab in recovery?” – DVD**

This video is an unscripted, stark glimpse of the struggles of some individuals and their experiences with the harsh reality of addiction. Each has an eye opening, emotional story revealing the underlying strengths and weaknesses within the depths of humanity.

*45 minutes*

*Staff and high school students*

## TEEN DATING VIOLENCE

### **“Dealing with Teen Dating Abuse: Matters of Choice” – DVD**

This video is a dramatic teaching tool for any teen dating abuse prevention program. The video chronicles the story of a teen relationship. Every scenario is based on well-researched information received from professionals trained in dealing with relationship abuse and domestic violence. The video and teaching materials are an excellent resource for starting dialogue about teen dating abuse.

*18 minutes*

*High school students*

### **“Ending Violence” – Curriculum**

This program is a dating violence prevention curriculum. Safely and smartly connecting with teens, “Ending Violence” helps you teach youth how to prevent and safely end abusive relationships, understand their legal rights and responsibilities, and create a framework for building healthy relationships in the future.

*Middle and high school students*

## TEEN DATING VIOLENCE (cont.)

### **“Higher Stakes: Consequences of Sexual Harassment” – DVD**

This video features high school students speaking candidly about their experiences with harassment — instigator, target, or bystander. Their observations are sure to hit home with students, ensuring discussion afterwards, following the teacher’s guide.

*14 minutes*

*High school students*

### **“Open Arms? Open Eyes! Power, Control, and Abuse in Teen Relationships” – DVD**

This video uses dramatic vignettes and interviews with expert and real-life abuse victims to show viewers how to spot relationship abuse. As teenage hosts review the danger signs, viewers will learn which behaviors are unacceptable and practical tips for dealing with an abuser. This video will teach students to protect themselves from dating abuse and also know how to take a stand against abuse in their school and beyond.

*27 minutes*

*High school students*

### **“Safe Dates” – Curriculum**

The highly engaging and interactive program, “Safe Dates” helps teens recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive dating relationships.

*Middle school students 14*

### **“Sexual Harassment” – DVD**

This program explains sexual harassment and the appropriate way to report it. Students role-play scenarios, examining a wide range of behaviors such as explicit jokes, workplace harassment, and obsessive and threatening conduct. This program also gives kids the tools necessary to deal effectively and respectfully with sexual harassment.

*20 minutes*

*Middle and high school students*

### **“Sexual Violence: What are you going to do about it?” – DVD**

The quickest way to stop sexual violence is to do something before it escalates. Bystanders can help. Using role-play created by teens, this video shows simple steps bystanders can take to stop violence without jeopardizing their friendships or safety.

*18 minutes*

*High school students*

## VIOLENCE/HARASSMENT

### **NEW “Aggression in Our Children” – Book**

Coping with it constructively

By Henri Parens, M.D.

### **NEW “Anger Management for Youth” – Book**

Stemming from aggression and violence

By Dr. Leona Eggert

### **“Because Things Happen Every Day: Responding to Teenage Victims of Crime” – DVD**

This video and guidebook is designed to foster a greater understanding of the impact of crime and violence on teens and the obstacles teens face in seeking help. The video features two innovative programs that have been effective in reaching and responding to teen victims.

*20 minutes*

*Staff*

### **NEW “Breaking the Cycle of Violence” – Book**

Interventions for bullying and victimization

By Richard J. Hazler, Ph.D.

### **“Freedom from Violence: The Gang Alternative” – DVD**

Participants will learn information on how to identify students at-risk for joining a gang and how to implement successful prevention strategies in the classroom. The program shows three staff members of a gang outreach prevention organization at work in the classroom using violence prevention strategies and counseling students.

*28 min*

*Staff*

### **NEW “Human Trafficking: Slavery in the 21<sup>st</sup> Century” – DVD**

### **NEW “Low-Level Aggression” – Book**

First steps on the ladder to violence

By Arnold P. Goldstein

### **NEW “Reducing School Violence” – Book**

Through conflict resolution

By David W. Johnson and Roger T. Johnson

### **NEW “Ten Talks Parents Must Have with their Children About Violence” – Book**

By Cominic Cappello