

## Academic Needs Assessment for Students

Please rank the following using the numbers 1-5 where *1=I need the most help with this topic* and *5=I need the least help with this topic*

1. Study skills (how to prepare for tests or assignments): \_\_\_\_\_
2. Time management (between school, extracurricular, leisure, family, and friends): \_\_\_\_\_
3. Organization (keeping all your academic materials organized and easy to access): \_\_\_\_\_
4. Communicating for help (how and when to ask for it): \_\_\_\_\_
5. Test anxiety (calming your nervousness before a test): \_\_\_\_\_

Please circle your answers to the questions below according to the scale provided

- |  | Always |   |   | Never |
|--|--------|---|---|-------|
| 6. I am confident about my ability to prepare for a test.  | 1      | 2 | 3 | 4     |
| 7. Although I have prepared for a test, I feel an overwhelming sense of nervousness just before taking a test. | 1      | 2 | 3 | 4     |
| 8. I am overwhelmed by the amount of all my activities.  | 1      | 2 | 3 | 4     |
| 9. I turn in my assignments on time.   | 1      | 2 | 3 | 4     |
| 10. When I need it, I ask for help on my assignments.  | 1      | 2 | 3 | 4     |
| 11. I feel confident about my ability to take charge of my own education and learning.                         | 1      | 2 | 3 | 4     |

Please answer the following questions

12. Describe how you prepare for a test in one of your classes:

13. What kind of time management plan do you already use (such as a planner, calendar, etc.)?